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A true 4 season shelter with two vestibules - not only provides roomy protection from wild winter weather, but opens wide to let cooling summer breezes flow through.

Uncommon value for...



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**Designed by Salewa** (Sal-ee-wa) of West Germany, this unique tent is packed with features.

Inher Tent has a genuine 'bath-tub' floor construction, lantern loaps and handy storage pockets. Entrances an both sides have additional mosquilto net doars to ensure maximum flo thru ventilation and provide a welcome sanctuary from annaying insects. The height at 115 cm allaws two to sit up in comfort.

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Outdoor Shops run by Outdoor People





Winter (July August September) 1988, Vol 8 No 3 (Issue 29) \$NZ5.95\* \$4.95

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Cover Wild Special Adviser, Glenn Tempest, plunges to glory on the southern fall of Mt Lee, Snowy Mountains, NSW. Photo Karen Alichin. Contents Perhaps he needs navigation instruction; Peter Crump and the Tall Ships. Photo Allan Cox. \*Maximum recommended retail price only

## NEW HORIZONS FROM FAIRYDOWN

The fresh new Fairydown Horizon is available in a breathtaking mosaic of mix and match colours to brighten up the outdoors — cerise, mint, sapphire and purple.

Horizon is as functional as it is fashionable. Superior High Lot hollow fibre fill and double layered construction guarantee maximum thermal efficiency. And just to make sure you stay toasty warm we've added a three dimensional draft flap behind the zippers and a built-in draw-corded hood. Twin zips provide the dual function of ventilation in mild weather or uncomplicated doubling to another Horizon when it's cold.

To minimise the weight and bulk, Horizon incorporates a tapered rectangular shape. For those desiring a little extra luxury, we have an extra-width version — the Wide Horizon. Horizon — the all-round sleeping bag to add a splash of colour to your outdoor activity.



"Horizon" Suggested Retail: 72 cm. \$129.00/82 cm. \$144.00 SPECIFICATIONS

Wide Horizon - 82cm

CONSTRUCTION: Double layered SHAPE: Tapered rectangular WEIGHT: 1.9kg HEAT RATING: Comfortable sleeping to -8 °C WIDTH: Horizon - 72cm

Fairydown

HORIZON

Available from: Scout Outdoor Centres - Aust., Bush & Mountain Sports - Melbourne, Mountain Equipment - Sydney

### **Editorial**

## The Changing of the Guard

New faces at Wild

. IN THE EDITORIAL OF WILD NO 25, WHICH outlines Wild's origins, there are several references to the major part played by Michael Collie in the establishment of Wild and in its growth and development over the past seven years or so. The Editorial in Wild no 27 mentions that he is leaving Wild to pursue other interests. He leaves at the end of June. The imminent loss of such an important 'foundation staffer' has provided the opportunity for a major reappraisal at Wild, particularly in the arrangement of the many tasks that must be completed to produce the magazine and to keep subscribers and advertisers happy. It has hastened the computerization of many aspects of the magazine, including subscription and mail-order management, word processing and the lay-out and production of artwork for printing. More importantly, it has led to a major influx of 'new blood, with a valuable mixture of vouthful enthusiasm and new ideas, experience gained from demanding work on other publicationsand the development of a strong team spirit that is determined to equal, and exceed, the high standards which have been set. The new team at Wild is as stimulating as any I have worked with and its energy, determination and skill augurs well for the future.

auguis went of tile tuture. 
The extremely daunting task of following in the footsleps of Michael Collie in designing and supervising he production of each tissue of Wild (which has been with the seem of the colling of the colling

Stephen Hamilton was also known to us for some time before he pined us at Wid. His energy and enthusiasm would enliven and moliliy even the crustlest old edition. In a few short months, these qualities have resulted in heavily overbooked advertising quotas and climbing sales of Wild and Flock in specialist unbooked shope. Subprine's two real-lead of the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company for the company of the company of the company of the company for the company of the company of the company of the company for the company of the company of the company of the company of the company for the company of the company of the company of the company of the company for the company of the company of the company of the company of the company for the company of the company of the company of the company of the company for the company of the company of the company of the company of the company for the company of the company for the company of the compa

The mainstay of the place, and an incipient workaholic, Dianne King joined us over a dray ago with considerable experience in small-magazine publishing. From the outset, it as clear that she would make a substantial contribution to Wild, particularly in the management of our accounts, subscriptions and the herculean task of computerization.

When renowned specialist map and guidebook publisher, Algona Publications, was sold recently, we were extremely fortunate in



Chris pays homage beneath Buddhist prayer flags, Indus Valley, Ladakh, India

being given the opportunity of having their skilled and qualified catographer ion us. After a part-line 'apprenticeship' with us, Glenn van der Knijff recently joined Wild on a full-line basis to produce our maps. A real lover of maps, the spends much of his spare time porting over them when he is not out investigating the terrain they cover, particularly the mountains of northrecent produced to the produced of the progoring flexibility are depositioned to computers have crowed invitable at Wild.

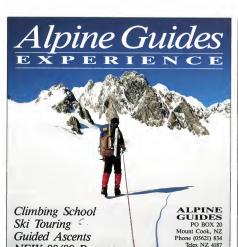
We rely heavily on a small army of part-lime helpers for a variety of tasks. Michae's sister, Angela, has been with us, on and off, since the earliest days and is responsible for the overall administration of our mail-order system—no small task. Originally recruited to package mail-order goods, Nick Tapp has taken on several editorial duties particularly the compilation of our important Equipment column and its Mini Surveys and the planning and editing of the famous Wild Geal Surveys). A man of several standard of the control of the control

With all this help, readers may well ask what / do-a good question! I could mutter about 'going out to research articles', but the truth is, I am as busy as ever just trying to improve each issue of Wild and Rock (the 1988 issue goes on sale in July, with double the print run of the 1987 issue), not to mention running the business, planning and the 'extras' such as compiling indexes, computerizing the layout of the magazines and so on. But I would be less than frank if I didn't admit to regular forays into the bush to plummet off new climbs in the Grampians, become 'geographically embarrassed' whilst bushwalking in Kosciusko National Park and practise 'head plants' on the Bogong High Plains in winter (other skiers might be obsessed with the Telemark, but I am determined that 1988 will be the year I master the snow-plough turn).

Let us know how you think the new team is getting on. We look forward to hearing from

Caris Just

Managing Editor





NEW 88/89 Program

M\*NT



Managing Editor Chris Baxter Manager Dianne King Advertising Stephen Hamilton Maps & Subscriptions Glenn van der Knijff Design & Production Bruce Godden Assistant Editor Nick Tapp Subscriptions Angela Collie

Contributing Editors Stephen Bunton Caving John Chapman Track Notes Stephen Garnett Natural History Dave Jones Favinment Tim Macartney-Snape Mountaineering Yvonne McLaughlin Canoeing Tom Millar Cross Country Skiing Brian Walters Reviews

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Now you can experience for yourself the sensation of being a crew member on a fall Stipp. \_climb . the mast in high 268. \_ outsall a theatening cyclone \_ sail down the world's most tumous point the this part 268. \_ outsall a theatening cyclone \_ sail down the world's most tumous point the following the follow the mast in high seas ... outsail a threatening cyclone ... sail down the world's most tarious canal. Join in this historic voyage of the Polish ship 'Dar Modarchy' and the American Eagle' to Australia.

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landing place at Cape Dennison.

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Write Ugnt (60 mins, 1988)
This is the tall of a group of modern day explorers who, in 1988, set out to climb Mt Minto, 4,163

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This is the tall of a group of modern day explorers who, in 1988, set out to climb Mt Minto, 4,163

Write Ugnt (60 mins, 1988) early pioneers. COMING SOON White Light (60 mins, 1988)

This is the talle of a group of modern day explores who, in 1988, set out to climb Mt Nettino, 4,153 certified by the control of the consisting of 150 kilometres of the control of the co The preparation for the voyage, the 3 month sail to Antarctica and the crossing of 150 biometers of forces wilderness are all revealed. The stress of physical harddolp, the necessity for co-operation and the stress are all revealed. The stress of physical harddolp, the necessity for co-operation and the stress are all revealed. The stress of physical harddolp, the necessity for co-operation and the stress are all revealed. The stress of physical harddolp, the necessity for co-operation and the stress are all revealed and the stress of the str frozen wilderness are all revealed. The stress of physical harddsip, the necessity for co-operation and the pinde of achievement are inspiring. A film set against the sheet physical beauty of the Antarctic frozensem?

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# COMBI

A redesign incorporating better fabrics has turned our successful Windfleece Jacket' into the even better WINDKAPP. The Windkapp consists of a shell of 'Tusser' fabric with a 'Polarwear' lining. The 'Polarwear' is a knitted, knapped and sheared polyester fabric with remarkable properties to disperse moisture, trap warm air and yet be much lighter (and thinner) than the fleece, fibrepile or Cynchilla we are using in our other winter clothing. Polarwear won't pill, shrink or be heat sensitive to dryers.

The shell is Tusser, a tightly woven 60% Nylon/40% Cotton blend fabric. It's light, hardwearing, windproof, sheds snow with ease and breathes quite happily.

The Windkapp features secure slant zip pockets, 'action cut' arms, and a high, snug protective collar. This is the tacket to use over thermals for spring skiing and winter mountain biking or over a Cynchilla garment for those bitterly cold winter ski days

Very light to travel with and it's unlikely to be found tucked away when not skiing as it's handy to throw on when heading out for an evening in the city.

Colours: Navy, Red, Rose, Graphite or Turquoise

Sizes: XS, S, M, L or XL Price: \$119.00

#### KATHMANDU WINTER WEIGHT

POLYPROPYLENE THERMAL BODYWEAR Using a heavier varn these knit up thicker and denser for the colder conditions and/or less active winter pastimes. There are two styles, (Long Sleeve Top and Long John Pants) and the colours are of a conservative nature in comparison to our standard weight bodywear. The prices most reasonable, as always.

LONG SLEEVE TOP (white only) LONG JOHN PANTS (white only) \$24.00 Light Blue, Navy, Red, Green, Grey, Navy with White stripe, White

with Navy stripe, Navy with Red stripe. LONG SLEEVE TOP \$29.00

LONG JOHN PANTS \$29.00

The machinists and designer had a lot of fun creating this alternative Cynchilla jacket with its multiple colours and trims. They played around with all sorts of zany combinations and styles and we've now selected the best with the arms one colour, the body another and linking the two a third colour in trims on shoulder and elbows. Pockets are open handwarmer, the cuffing at wrists and waist is made of wool. They look exciting, individual (there's so many combinations to choose from) and the first shipment was cleaned off the Melbourne shop shelves in two weeks. Do anything in them you would do in your standard Cynchilla jacket. Sizes: XS, S, M, L or XL

Colours: Too numerous to mention Price: \$139.50

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### Wild Information

## Reversal on NSW Parks

New government abandons south-east forests

. NSW Park News. Shortly before its spectacular demise over the State election earlier in the year, the former New South Wales Labor Government announced a number of extensions to NSW's parks and, in particular, the creation of more than 80,000 hectares of new parks to protect the south-eastern forests which are threatened by woodchipping operations based at Eden. A \$35 million compensation package for people affected by the creation of the new parks was also proposed. However, the new Liberal government has announced that it will not proceed with Labor's plans for the new parks in the south-east, but will instead create appropriate flora and fauna reserves'. The Wilderness Society is concerned that these will not create adequate protection for the remaining tall forests in the area and asks readers to write to the NSW Premier. Nick Greiner, c. Parliament House, Macquarie Street, Sydney, NSW 2000, calling on him to protect the forests and the unique fauna they contain. The society is conducting a walks programme in the area, with trips to Coolangubra, Tantawangalo and Egans Peak every second week-end in July, August and September: details (02) 267 7929

Additions to NSW parks in other areas, announced by the former Labor Government, will stand. These include the protection of two row wilderness areas' under the recently passed Wilderness Act (see Wild no 28). These are the 15,00 heater Mann Wilderness, which joins lymboids National Park in the Clarence valley west of Gration and the 3,375 heatiar Evilley west of Gration and the 3,375 heatiar Standard Standard Standard Market Midderness, which joins the Morton Market Midderness, which joins the Morton Market Midderness, which price the Morton Market Midderness of the Shouthard Merket west Market Midderness of the Shouthard Market Midderness of the Morton Market Midderness

· Resorting to Destruction. The Wilderness Society has expressed concern over a recent resort development plan for Queensland's Lindeman Island. The proposal is to build three separate resorts, a marina and a shopping complex on a special lease over part of the National Park at the south-eastern corner of the island. The Wilderness Society fears that if the Queensland government gives approval for a tourist development of this scale within a National Park it would create a serious precedent. The society asks readers to write to the Queensland Premier, Mike Ahern, c/-Executive Building, George Street, Brisbane, Old 4000, urging him to reject the proposal and to properly protect the State's National Parks.

 Tropicon. Chillagoe, north Oueensland, is the exotic venue for the Australian Speleological Federation's seventeenth biennial conference, to be held on the last five days of 1988. Whilst world renowed for its tropical tower karst, because of its remoteness, Chillagoe has been visited by only a relatively small number of cavers. The conference, Tropicon, is a chance



Above, Coolangubra vista: threatened by southern NSW woodchip operations, David Poland. Below, the Treseder brothers 'sniking' up Govetts Leap Creek, Blue Mountains, NSW. Treseder collection

for many cavers to rectify that. Pre-conference field trips are planned to the Rockhampton area, particularly MI Elna's Bat Cleft. (Since publication of the report in Wild no 28 about damage to this area caused by quarrying illimestone for cement manufacture, the company concerned has announced that it will surrender its biggest mining lease on MI Elna to protect Bat Cleft. The 18.2 hectares involved will become a reserve).

Further details on Tropicon can be obtained from the Chillagoe Caving Club, PO Box 92, Cairns, Old 4870. Stephen Bunton

 Under the Boardwalk. The Cairns Bicentennial Community Committee's official project for 1988 is the construction of a 1.3 kilometre mangrove boardwalk in the north Queensland city, at a cost of \$330,000.

 Events. In March, Peter Treseder climbed the 300 metre West Wall of the Three Sisters, Katoomba, NSW, 22 times in 12 hours, (Each ascent started from Honeymoon Point bridge and involved going down the Glant Staircase and round the base of the Three Sisters, up the West Wall and back down to the bridge.) Treseder's outling was completed at night and



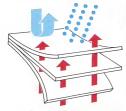
in rain. It easily broke the previous record of eight circuits and helped raise \$17,200 for the Search and Rescue Unit of the NSW Federation of Bushwalking Clubs.

Another Treseder activity took place in the Blue Mountains at the end of January, 'to support the creation of an aquatic park in the

## PERFORMANCE IS WORTH

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#### Wild Information

Blue Mountains' Called 'sniking', a combination of hiking and snorkelling, the event saw Treseder and his brother, Neil, floundering up Govetts Leap Creek each wearing flippers and a snorkel

The Sydney chain of specialist outdoor shops, Southern Cross, has announced the establishment of the Southern Cross-Outward Bound Scholarship. Under the scholarship, Southern Cross will donate the Outward Bound course fee (approximately \$1,000). Up to \$200 credit from its shops-for clothing and equipment that are necessary to conform to the Outward Bound course gear list-will also be awarded. People aged 17-29 years are eligible to apply for the annual scholarship for an Outward Bound Standard Course, Applications for the 1989 scholarship close at the end of September, Contact Outward Bound for details: (02) 29 7785

The inaugural Wilderness Expeditions Kosciusko Ascent (announced in Wild no 25) was held on 28 November 1987 in perfect conditions. The event involved a total climb of over 1.800 metres and a distance of about 20 kilometres. There were 54 entrants, including 7 women. The Men's A Class section (16-29 years) was won by Michael Walters (3 hours 9 minutes 12 seconds) in a dead-heat with the winner of the Men's B Class section (30-45 years), Maurice Ongania. Winner of the Women's combined A and B Class sections was Louise Fairfax in 3:48:10. Max Scherleitner (age 57) won the Men's C Class section (over 45 years) in 4:27:13. This year's event will be held on 19 November-details are available from Wilderness Expeditions: (02) 959 5499

. Not Retiring. Following the report in Wild no 27 of the retirement of Warwick Deacock as Honorary Royal Nepalese Consul-General in Australia, Christine Gee, another well-known adventure travel personality, has been appointed to the position

· Fire and Rain. A lightning strike two kilometres west of Bound Mountain in Kosciusko National Park, NSW, started a bushfire which damaged hundreds of hectares of bush and destroyed Ogilvies Hut in January. A week later Mt Kosciusko received heavy and unseasonal snowfalls after two days of intermittent hailstorms



Above, competitors in the inaugural Wilderness Expeditions Kosclusko Ascent. Tim Macartney-Snape. Below, Wonnangatta Station from near the Viking.

 Wonnangatta Station Under the Hammer. Victoria's Department of Conservation, Forests & Lands has purchased this famous 445 hectare cattle property in the heart of the Wonnangatta-Moroka National Park for a sum reported to be \$475,000. (The Australian Financial Review observed that this move is in direct contrast to the Victorian Government's stated intention earlier this year of selling, rather than buying, property. In an effort to boost its budget, the government has pledged to sell almost \$200 million worth of property over the next two years.) It is reported that the station will be incorporated into the surrounding National Park and that cattle will be banned from the site-and the neighbouring grazing leases, which cover 40,000 hectares. However, the thousands of vehicles permitted to visit this once-peaceful pocket of the Victorian Alps will be allowed to continue to flock to what has become something of a four-wheel-drive mountain Mecca

· Heritage Destroyed. An article in the March 1988 issue of Parkwatch, the magazine of the Victorian National Parks Association, has criticized Victoria's Department of Conservation, Forests & Lands for demolishing historic Dibbins Hut, which stood on the Cobungra River below the Bogong High Plains. In its interim management plan for the area published in June 1983, Victoria's National Parks Service (now part of the Department of Conservation, Forests & Lands) wrote about Dibbins Hut: Major maintenance works are necessary to preserve the hut...special attention shall be given to Wallaces Hut, Cope Hut and Dibbins Hut to preserve their value as historic structures'. A new hut, which Parkwatch describes as not being even weather-proof, was built on the site by the department. (Wallaces Hut is the oldest building on the Bogong High Plains, and one of the finest examples of 'bush carpentry' in the Victorian Alps. Let's hope that the 'preservation' of this hut doesn't involve its destruction.)

 Hired Help, Victoria's Outdoor Recreation Centre has published a pamphlet listing sources of outdoor equipment for hire. Copies may be obtained by sending a stamped, addressed envelope to the ORC, PO Box 157, Hawksburn. Vic 3142

· Bulldozing the Park. Earlier in the year, campers visiting Buandik, a once-beautiful campsite in Victoria's Grampians National Park. were dismayed to discover that the southern portion of the campsite had been bulldozed (leaving a dusty expanse) and fallen trees and other rubbish pushed into the creek which flows through the area. The park is administered by the Department of Conservation, Forests & Lands, which is presumably responsible for this latest attempt at 'beautification' in the region.





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#### **Hard Rock**

#### Major climbing breakthroughs in Victoria

· Rockclimbing News. So far, 1988 has seen a number of spectacular rockclimbing developments, particularly in Victoria. At Mt Buffalo, UK climber Steve Monks scored a remarkable coup by leading the first free ascent of Ozymandias (pioneered, as one of Australia's first multi-day aid climbs, by Wild Editor, Chris Baxter and Chris Dewhirst in 1969). With pitches graded 24, 29, 26 and several of 22, 300 metre Ozymandias is easily the hardest long climb in Australia. After working on the first three pitches for several days (the upper pitches had been freed, at grade 22, some years earlier), Monks returned and led the whole route free in a single eight-hour push.

At Mt Stapylton in the Grampians, Monks led the first free ascent of The Seventh Banana (grade 27) on spectacular Taipan Wall. However. his achievement was overshadowed by Malcolm Matheson's extraordinary new route, Serpentine (31), which climbs the highest part of this great leaning wall. The hardest ascent vet made by an Australian, this landmark climb is the most difficult in the country-except for one or two routes at Mt Arapiles, which have not yet received Australian ascents.



Above, Paul Smith on the first ascent of Lats in the Belfry (grade 31), Mt Arapiles. Clare Blues. Above right, signs of planned road extensions, Snowy Range,

At Mt Arapites another UK climber, Paul Smith, left his mark with a short but very steep route which he graded 31-Lats in the Belfry. A sadder occurrence at Mt Arapiles was the death of young Melbourne climber Ian Leeson. who fell while climbing unroped near

Dreadnought Gully.

The proposed 'falcon nesting ban' on rockclimbing at Mt Arapiles has drawn heavy fire from climbers and others, including local people (see Wild no 28). Climbers have been declared a threat to falcons nesting in the area, but the Department of Conservation, Forests & Lands (which administers the area) apparently sees no danger to the birds from helicopters-it has permitted media helicopters to operate near the cliffs on at least two occasions in recent times.

Local climbers Pete Steane and Garn Cooper established an important new route on the East Face of Frenchmans Cap (one of the most awesome cliffs in Tasmania, if not Australia) in February. Called The Lorax (grade 20), the 380 metre route takes an intricate line between The Great Flake (see Wild no 10) and Conquistador. finishing up the last half-pitch of The Great Flake. Ironically, The Lorax is the easiest of three routes on the face

- . Grand Prix. The Alays Grand Prix Telemark Series has been broadened following the addition of four co-sponsors. More prize money has been made available and a perpetual trophy instituted. The 1988 series comprises four events to be held on Victorian and NSW snowfields this winter-details from Aiavs (telephone 03 729 7844)
- Warrnambool Walks. A local bushwalking club, Warrnambool Walkers, has compiled a pamphlet outlining 12 scenic walks near Warrnambool on the south-western coast of Victoria. The club can be contacted at PO Box 425, Warrnambool, Vic 3280.
- Happy Landing? The Australian Conservation Foundation and the Wilderness Society are up in arms over a proposal by the Tasmanian Government to allow the construction of a \$6 million hotel complex at Warners Landing on the lower Gordon River, in the heart of the South-west wilderness area. As we go to press. the matter is before the Federal Government for approval, but conservationists fear that the Federal Government is showing signs of buckling to pressure from the Tasmanian Government on the issue.
- · Deeper Again. The Growling Swallet-Ice Tube system is once again the deepest known cave in Australia following a February dive to 18 metres in an existing sump by Nick Hume and James Davis. The total depth of the system now stands at -378 metres.

Cave diving also yielded a significant discovery in Judds Cavern, in the Cracroft River region. A nine-person Tasmanian Caverneering Club trip at Easter carried the necessary equipment into the cave, where Stefan Eberhard made the initial breakthrough. After a sump measuring 30 metres long by 6 metres deep, Eberhard reached a large dry passage. He was followed by his brother, Rolan and Nick Hume. The trio spent six hours beyond the sump exploring 1,400 metres of passage. This discovery effectively doubled the cave's known length and is probably the longest section of Australian cave explored and surveyed in a single day

The Southern Caverneering Society has also been active, with discoveries in Rift Cave in the Junee-Florentine region. A side passage near

Wild Information

the entrance was explored to a new deepest point of -180 metres Wild Contributing Editor for Caving, Stephen Bunton, recently made the second solo descent of Khazad-Dum (-323 metres).

- · Forestry Road Extension, Following the discovery by bushwalkers of marked trees near the Lake Skinner Track on the flanks of Tasmania's Snowy Range, conservationists are concerned that more roads, and logging, are planned for the area. The range separates pristine rainforest in the Weld River valley from the cultivated land of the Huon valley, south of Hohart Some of the lower slones of the range show ample evidence of having been logged
- . Developing the Parks. The Australian Conservation Foundation claims that a South Australian National Parks and Wildlife policy of 'privatization' has thrown open South Australian parks to developers and raised the possibility of an Australia-wide trend. The 'privatization' policy has been introduced because, as in other parts of Australia, the area of South Australia which has been reserved as park has increased significantly in recent years, but staff and management resources have not

The South Australian Government is already considering a plan to build a cable-car system across Cleland Conservation Park in the Mt Lofty Ranges. Other proposed developments for South Australian parks include an \$8.5 million 'fun park' at Anstev Hill Reserve and a \$50 million hotel, camping and shopping complex for the Flinders Ranges National Park.

 A Celebration Walk. In July-September. members of the South Australian bushwalking club. Adelaide Bushwalkers, plan to walk 300 kilometres of the northern Flinders Ranges in six linked walks, each of a week's duration, in celebration of Australia's bicentenary.

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### **Mexican Madness**

#### Australians discover major caves

. More Under Mexico. Following the success of the 1985 Australian caving expedition to

Mexico (see Wild no 25), a larger group of 17 (mostly Australian) cavers, calling themselves the Chilchotla '87 Expedition, returned to the village of Zongolica in southern Mexico.

The advance party arrived in early November, Hoping for a world depth record, exploration started in the highest limestone in the area, about 2,000 metres above sea level. Two caves were explored, both tight and muddy and with little to recommend them other than depth. Yua Nita terminated in a huge rockfall chamber at -704 metres and R'ia Man Kijao in a streamway which disappeared into an impenetrable boulder choke at -552 metres.

As the expedition ventured further from its base in search of caves, there were incidents with the Mazateca Indians. Rocks were hurled down at two cavers as they descended the entrance shaft of one cave, then the rope was cut while they were underground. Access to another cave was denied by a machete-wielding Indian. Apparently, they couldn't convince the Indians that treasure was not being taken from

By the end of December, the expedition had explored 3.5 vertical kilometres of new cave in 15 caves, including a dangerous one,

Sonconga, which ended in a sump at -945 Exploration of the deepest cave in the area. Guixani, was frustrated when the lead at the bottom was cut off by flood water. Its explored depth was extended by 14 metres, to -954

In January a new cave, Nita Cho. was explored to a boulder choke at -894 metres.



Above a female competitor 'hites the dust Above, a temaie competitor bites the dust in the 1988 Bicentennial International Statom and Wildwater Championships, Steve Perkins, Right, Russell Smith (UK), winner of the Men's Open K1 event in the championships. Perkins. Above right, Stefan Eberhard after a soaking in Sonconga (—945 metres), Mexico. Alan Warild



The final 'score' for the expedition was the discovery of eight kilometres of vertical cave two caves for Mexico's 'top-ten' list and four caves, each of over 500 metres deep. Zongolica now rates as one of the world's great caving areas

Alan Warild



· Wet 'n' Wild. Harvey, Western Australia, was the venue for the 1988 Bicentennial International Slalom and Wildwater Championships in January. The championships were held on the Harvey River immediately below the Stirling Dam and attracted more than 150 competitors from Australia, New Zealand, the UK. France and West Germany International stars attending included Bruce Webb (NZ), the UK slalom champion, Russell Smith, Thomas Schmidt (West Germany) and the world's third-ranked female canoeist, Myriam Jerusalmi (France). The 600 metre slalom course consisted of rapids, a waterfall, pressure waves and many tight turns. Tasmanian, Lindsay Binning, was second to Smith in the men's open K1 event. Victorians, Danielle Woodward and Mandy Linden were second and third respectively to Jerusalmi in the women's open K1 event.

Wild Information

· Success in the South. In mid-February, all members of the Australian Bicentennial Antarctic Expedition-Jonathan Chester, Lyle Closs, Lincoln Hall, Chris Hilton, Greg Mortimer and Glenn Singleman-reached the 4,163 metre summit of Mt Minto, achieving the coveted first ascent of one of Antarctica's highest mountains. Following the early loss of the expedition's over-snow transport vehicle, members were forced to lug their supplies by foot for the 140 kilometres from their ship to the mountain. On the return trip, time was against them as their ship was in danger of being frozen

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in for the winter. To avert this, assistance was summoned in the form of the Greenpeace helicopter-which happened to be in the area-and which plucked the climbers off the ice, some distance from the ship.

. On Patrol. The Hagen-Sepik patrol, led by James Taylor, was the longest and most arduous in the history of Papua New Guinea exploration. The patrol, which left Mt Hagen in March 1938 and returned in June 1939, began with 3 Australians, 22 PNG policemen and 230 local carriers. They traversed some of Papua New Guinea's wildest and most spectacular country and discovered new plants, birds and fossils and a great variety of local cultures.

A re-enactment has been planned to mark its fiftieth anniversary. The 1988 patrol commences in June and its route is to trace, as closely as possible, that of the original expedition, but utilizing modern transport in some sections.



· Corrections/Amplifications. The photos on pages 49 and 51 of Wild no 26 were reproduced back to front.

Alan Warild's solo descent of Reseau Jean Bernard reported on page 27 of Wild no 27 took

39 hours (not 70 as reported). J&H claims that in the survey of down sleeping bags (Wild no 27, page 81) the maximum stable loft of its Winterlite bag should be given as 25.0 and not 20.5 centimetres. J&H also advises that the Winterlite's hood is (now) cocoon-shaped, with a curved neck, not flat with a square neck as reported.

Both La Robusta boots surveyed in Wild no 28 (page 65) are inside-stitched (Littleway or Blake construction) and cement bonded.

Scarpa boots are distributed in Australia by Outdoor Agencies Pty Ltd, 14F Hordern Place, Camperdown, NSW 2050. This information was inadvertently omitted from the advertisement on page 58 of Wild no 28

Readers' contributions to this department, including colour slides, are welcome. Typed items of less than 200 words are more likely to be published. Send contributions to the Editor, Wild, PO Box 415, Prahran, Victoria 3181.

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### Wild Ideas

## High Today, **Gone Tomorrow**

Essential reading about altitude sickness for trekkers and climbers, by David Hunter and John Smart

. THE COMING-OF-AGE OF AUSTRALIAN mountaineering, documented by Wild in recent years, has been a part of the general explosion of interest in outdoors activity. The urge to climb higher has other little-understood companions-the urges to walk further, to paddle faster, to see what is round the next bend or over the next hill. Even before inspiring examples such as the first Australian ascent of Mt Everest (see Wild no 15), many Australians were following their urges to trek and climb in the world's high places

The lure of the mountains is undeniable, their challenge exciting. For the trekker, they are a world of high valleys and passes; for the mountaineer, a world of snow and ice. Inextricably bound up with this allure is the matter of altitude. Onwards usually means unwards. For the trekker the highest passes lead to the best views, the most remote and unspoilt surroundings. For the climber the first question is often not 'How difficult?' but 'How high?'. In many ways, this world of altitude differs little from its more familiar counterparts. Trekking in the Andes may seem no more arduous than bushwalking in the Blue Mountains. The dangers (storms, rockfalls, avalanches) of reaching a Himalavan summit may be no greater than those of many New Zealand peaks. Only shortness of breath and a mild headache remind one of the biggest difference-altitude. They should also be reminders of an unfamiliar danger-the unseen danger of altitude, acute mountain sickness (AMS)

The most important thing to know about AMS is that it is not a weakness but an illness. A common attitude among trekkers and climbers is that altitude is an environmental hazard like cold or wind, something to be endured but not to be complained about. Admitting to AMS, or even admitting to concern about it, is often seen as a sign of weakness. Trekkers who take great pains to drink only safe water and eat only cooked food to protect themselves from an unpleasant, but rarely fatal illness, diarrhoea, blithely plan itineraries that take them from sea level to high aloine passes in a day or two, and expose themselves to the equally unpleasant, and much more lethal illness, AMS, Mountaineers take endless pains over route selection through dangerous terrain, then neglect to allow for a well-known and avoidable danger, altitude. Why this curious blind-spot?

The obvious excuse is ignorance, an excuse much less convincing now than it was a decade ago. Until the late 1950s very little was known about human reactions to altitude. This was partly due to the small number of people available to be studied at altitude. There are few permanent human habitations above 5,000 metres, and each year only a handful of expeditioners in the Himalayas and the Andes ventured above 6,000 metres. Admittedly, there



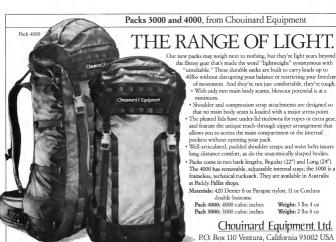
You never know when it might strike! Andrew Briggs

were reports of cases of mysterious deterioration and death at high altitude, but these were usually attributed to pneumonia or exhaustion

Scientists interested in respiratory physiology became interested in the human response to altitude because they saw an opportunity to explore the mechanisms of response to low concentrations of oxygen in the blood that affect sea-level dwellers with respiratory diseases such as emphysema. The military became interested in the feasibility of quickly moving large numbers of troops to altitude, especially after the Indo-Chinese border war in which a high proportion of the Indian troops airlifted to Kashmir were incapacitated, not by the Chinese, but by AMS. In the 1970s, the boom in Himalayan mountaineering brought unprecedented numbers of climbers to Nepal, India and Pakistan. The recent trend away from large 'siege-tactic' expeditions to smaller. fastermoving alpine-style teams has increased the speed of ascent to high altitude, allowing less time for acclimatization.

This resulted in an epidemic of high-altitude deaths. The extent of this epidemic is hard to judge. Many deaths are recorded in expedition books and climbing journals, yet even here the facts are frequently uncertain and the cause of death undetermined. Many more deaths go unrecorded because the expedition members are not part of a mountaineering association, or they are climbing 'illegally' without permits. Among deaths from avalanche, rockfall and the collapse of seracs are a sad number of deaths from pulmonary and cerebral oedema, the fatal conclusions of AMS. It seems likely that many of the deaths attributed to falls, especially those that occur mysteriously on relatively easy terrain, are at least in part caused by symptoms

Paralleling this mountaineering boom was a larger boom in trekking, again bringing unprecedented numbers of people to high altitude. There has been a toll here as well, but its true extent is even more difficult to judge than that among mountaineers. Even in Nepal with its system of trekking permits, it is difficult to be sure of the number of people trekking to particular altitudes, and there is no mechanism similar to alpine journals for recording the outcomes of those who do. In one of the best medical studies undertaken on this question, 54% of trekkers examined in Periche (a village two days' walk below Everest Base Camp) were found to have some symptoms of AMS, and the



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illness was judged to be life-threatening in a number of them. No treaker in the Himilalyas falls to hear anecodies about treekers dying in their silee, or being rescued by being carried down. The Himilalyan Rescue Association which the siles of the si

For the trekker, AMS is the one risk that can be almost completely eliminated with a little foresight. For the modern mountainer, particularly on a lightweight, alpine-style expedition, the risk of AMS cannot be completely eracidated. Like most risks, however, it can be minimized. Deaths from AMS are almost always preventable, unlike marry of the other mountaineering hazards, such availance had notified, which have a random

There are two key interlocking principles in the prevention of AMS: 1 Ascent to high attitude should be slow and controlled. 2 Proper attention to both these principles would almost eliminate AMS as a cause of death at high

altitude Controlled ascent is, without doubt, the key to the prevention of AMS. Almost any individual placed in a pressure chamber and suddenly 'taken up' to high altitude by the evacuation of air will experience acute difficulty breathing. and will ultimately lose consciousness. The same person may be able to function at the same air pressure if the evacuation of air takes place over many days, or weeks. This mimics the process of acclimatization. As each individual ascends through the atmosphere, physiological changes in breathing, haemoglobin concentration, urine output and even sleep patterns occur as the body tries to adjust to the diminished oxygen supply. Acclimatization describes a successful outcome: AMS results when the body is unable to acclimatize either because the rate of ascent has exceeded the individual's rate of acclimatization, or because the individual is simply unable to acclimatize past a certain altitude. The obvious question is, of course, 'How fast is too fast"?

By nature, trekkers and climbers tend to be anti-authoritarian beings. After all, for those who like being told what to do, there are bus trips to Ayers Rock. Recommendations about altitude gain are often met with the same negative reactions which greet trekking permit restrictions and visa requirements. The important thing to remember is that these recommendations are not bureaucratic whims-their sole aim is to prevent illness and death, possibly yours. The Himalavan Rescue Association recommends that above 2.130 metres, the maximum daily gain in height should be 300 metres with a complete rest day for every 1,000 metres gained. If symptoms of AMS appear, further ascent should not be contemplated and descent seriously considered

The obvious response of the trekker is that these recommendations are frequently impractical. Chai houses or camping spots do not miraculously appear as one reaches the

300th metre above the last one. Impatient employers and infrequent aircraft may seek to impose a schedule that exceeds these limits. There is some rationale behind the first complaint as geographic constraints often enter the altitude equation. However, most trekkers get into trouble by consistently exceeding the recommendations over a number of days and in particular, by not taking rest days. If you get a little bit ahead one day, you should climb less the next. Such has been the response of local hoteliers to the trekking invasion (in Nepal in particular), at least on the more popular routes. that there is now no excuse not to take rest days. If time constraints do not allow a safe rate of acclimatization for a trek, then that trek is not safe-there are plenty of others. All trekkers should ensure that the trek they, or their trekking company, are organizing can be safely completed in the available time, allowing a comfortable margin of days for bad weather.

rest, or just enjoying the scenery. For the climber the equation is a little more complex, but the principles are exactly the same. However, because of competing dangers, the situation for the climber is different from that of the trekker. It is no use pretending that it is always safer to obey altitude limits to the exclusion of other sources of danger. It is equally futile to pretend, however, that the existence of these other dangers gives climbers an excuse to ignore altitude limits Mountaineers may choose to exceed them in exceptional circumstances, and this choice may be more or less sensible, but every mountaineer should be aware of the consequences of the choice and balance them with other sources of danger. At all times principles should be scrupulously adhered toif symptoms develop, delay or descend

The term 'acute mountain sickness' refers to an illness that ranges from a feeling of mild unwellness to a fatal condition. The common symptoms of mild AMS are headache breathlessness, nausea, lack of appetite, difficulty sleeping and tiredness. These symptoms may cause nothing more than discomfort, yet they should not be ignoredthey are warning signals. If the mountaineer continues to ascend, then one of the two more severe forms of AMS may strike 'High altitude pulmonary oedema' (HAPO) is the name given to an illness characterized by extreme shortness of breath, often accompanied by a persistent cough, and eventually a bubbly sound when breathing. For reasons that are not fully understood, fluid leaks into the lungs, reducing their ability to transfer oxygen from the air to the blood. Victims gasp for air, and if they are not able to rapidly descend they may literally drown in their own fluid. The other often-fatal syndrome is 'high altitude cerebral oedema (HACO) in which fluid leaks out of tiny blood vessels in the brain, causing a swelling inside the skull that creates pressure on the brain. The first symptom is headache, often accompanied by some difficulty in walking. The mountaineer may start to vomit, become irrational and ultimately slip into a coma. Again, unless descent is made, then death may result.

Both HAPO and HACO have occurred suddenly in mountaineers who claimed to be feeling well. HAPO and HACO can strike out of the blue. More commonly, however, they occur in people who have been feeling unvell with mild AMS, and have climbed higher despite their symptoms. The absence of early symptoms in owa guarantees immunity from more serious illness; the presence of early symptoms does not guarantee that serious illness would occur should the climber continue ascent. The progression from mild to severe illness is sufficiently common, however, so that ascent in the face of mild symptoms can best be described as foolhardy.

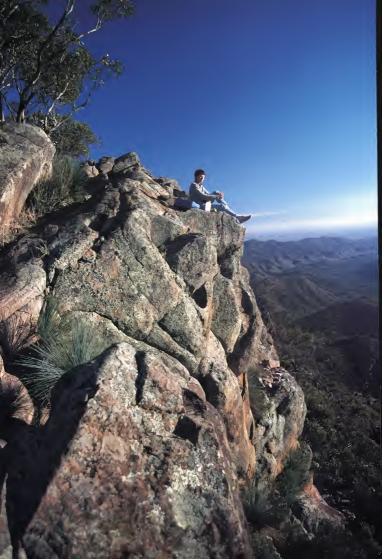
The problem for both trekkers and climbers is recognizing a mild form of the illness when there may be substantial pressures to ignore it. The well members of a large trekking party may not be inclined to change their plans because one person feels unwell. Goal-oriented climbers who have paid a substantial peak fee may not want to confront the fact that one of their members is moving very slowly and isn't eating very much. Differentiating between the shortness of breath on exertion that is inevitable at high altitude, and shortness of breath at rest which may be more sinister, is not easy when these are new sensations. The best prescription is given by Charles Houston, the dean of highaltitude medicine-Listen to your body'. If you feel too ill to proceed, you probably are

Another: problem that requires individual judgement is whether to retreat once symptoms appear, or to stay put in the hope of acclimatizing. The safest course of action is to descend. Summi-obsessed climbers should remember that a brief descent followed by slow re-ascent may be more likely to result in the desired result than a summit push aborted because of the need to rescue a team member.

What should be done when AMS necessitates a descent') is it safe to resume a climb? There are no hard and fast rules; each case depends on a mix of factors—the intensity of the illness, the completeness of recover, the seriousness of the climb and the consequences of turning back. An episode of AMS at a certain altrude, particular if it was induced by a too-rapid ascent, does not mean that the individual concerned should neer climb high refer he had been a consequenced of the control of the contr

Mountaineering involves risk. Trekking involves a much smaller risk. These risks can be minimized with a little thought and good sense. Most mountaineers who die get caught in bad weather or avalanches, fall into crevasses or fall off slopes. Few mountaineers ignore the warning signs associated with these dangers. Most trekkers who die do so from AMS. These are almost all preventable deaths. The two principles of slow ascent together with vigilance and appropriate action when symptoms develop are all that are needed to prevent almost all trekking deaths and the more numerous bad experiences which result from serious AMS. Trekking and climbing in the world's high places should be the fulfilment of a dream. Tragic nightmares will always occur as long as we cannot control the weather or the behaviour of snow-fields. We can control our own behaviour however, and thus should avoid the unnecessary tragedy of death from AMS W

David Hunter and John Smart describe themselves as 'travelling doctors who have visited many of the world's high and remote places' John was a member of the Changtse expedition described in Wild no 28.



## The High Points

## Wild Activities Survey

A peak-baggers guide to Australia's most 'collectable' summits, by John and Monica Chapman

 BY WORLD STANDARDS, AUSTRALIA'S PEAKS are neither high nor distinguished. The continent consists of mainly undulating plains and deserts. A few isolated older ranges, such as the Macdonnells, break the monotony of the central deserts

Most of the higher and more interesting mountainous areas lie along the densely populated eastern edge of Australia. Here the Great Dividing Range (a series of ranges which contain the country's highest peaks) sweeps from Victoria to northern Queensland. Many of these mountains are rounded hills on large plateaux which provide excellent bushwalking

While the higher peaks are covered in snow during winter, none are permanently covered in snow or ice (except Big Ben on Heard Island). The gentle landscape and warm climate allow bushwalkers to climb the major peaks with little

difficulty. Only a couple in Tasmania and Queensland require a rope and a head for heights to ascend the summit towers. This is in marked contrast to many other countries where the highest mountains are accessible

only to experienced climbers

The Natmap series of maps includes all the coastal areas of Australia at a scale of 1:100,000 (except Tasmania, which is covered, at the same scale, by the Tasmap series of maps) and the centre at 1:250,000. Over 2,000 mans cover the entire country and they are gradually being added to and revised. With so many maps to survey and produce it is inevitable that a few errors occur. Surveyed heights of the same peak may vary from map to map; we noted discrepancies of up to 200 metres. Many of the peaks do not have official heights and we have either taken the information from other maps or estimated.

Another major discrepancy occurs with spelling and the naming of peaks. Confusion over the location of a feature can result in the wrong name being given to it. However, other maps such as State publications or sketch maps by bushwalking clubs will show the 'original' location of the peak. For instance, on the Howitt map (Victoria) the accepted 'Mt Magdala' is shown as Mt Mariorie while the Magdala title is placed beside the peak known as Number One Divide. Care must be taken when using maps from different sources

All the map references given are to the Natmap 1:100,000 series maps, where they exist. If there is no map of that series, then the next most appropriate map series was chosen. In Central Australia the Natmap 1:250,000 series is the only one available. For Tasmania,

on St Mary Peak Flinders Ranges, South Australia. Bill Bachman. Above right, the view from St Mary Peak into Wilpena Pound. Bachman. Right, Frenchmans Cap, Tasmania, with the East Face in the middle. David Neilson







detailed maps at a 1:25,000 or 1:50,000 scale and there are also a few private publishers, including clubs, that produce specialized maps of popular walking areas. Choosing the peaks for the accompanying

list was a difficult task. If height alone were the deciding factor, then New South Wales and Victoria would dominate. This would have excluded some lower, but very significant, peaks such as Federation Peak in Tasmania, the Castle in New South Wales and Bluff Knoll in Western Australia. Clearly this would not be representative, so we have compiled a selected list of 300 peaks which includes the more significant mountains in each area. All Australian islands and territories were considered; however Antarctica, which is really an international area, was excluded. Unfortunately, not every major mountain can be incorporated (there would be thousands), so someone's favourite peak may be missing.

If you indulge in the art of peak bagging (most bushwalkers do even if they don't admit to it), then this tick list is for you. The average peak bagger should have climbed at least half of the peaks in his or her home State and should aim at climbing at least one in every State. The serious peak bagger should have climbed threequarters of his or her home State's summits and could aim at bagging about half of this list. The extraordinary peak bagger should aim at climbing half the peaks listed for each State. (The whole list is for you, Peter Treseder...In a single month! Editor) To be able to claim a peak you must climb

to the highest point. It is not sufficient to merely reach the summit plateau. A good example of this is the Acropolis, in Tasmania. Many bushwalkers climb to the cairn, but the highest point is the isolated tower to the east, and very few have clambered to the tiny stance on top of it

How do you rate as a peak bagger?

John and Monica Chapman (see Contributors in Wild nos 1 and 25) are among Australia's most travelled bushwalking writers John is particularly well known for his books of Tasmanian track







Top. on Mt Townsend. peak, Snowy Mountains, NSW, Allan Cox, Above, Wild Editor, Chris Baxter on Mt Gungartan, Snowy Mountains. David Gairns, Right, Bluff Mountain, Warrumbungles, NSW, John Chapman

the standard maps are those of the Tasmap 1:100,000 series. Natmap 1:100,000 maps are very good for planning, and adequate for use while bushwalking. For greater detail, there are many other maps to more popular regions. Most State governments produce their own series of

### **Wild Activities Survey**

A ountain		Survey Natmap 1:100,000 (or other series) map	Location	Wild ref	Mountain	Height (metres)	Natmap 1:100,000 (or other series) map	Location	Wild ref
lew Sc									
e Pilot	1,830	Jacobs River	Indi R	26	Mt Coricudgy	1,256	Mt Pomany	Colo R	
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dt Twynam	2,196			11, 25	Carevs Pk	1.545			
he Rams Head	2,190			5	Polblue Mtn	1,575	Ellerston		
Watsons Crags	2.022			11	Round Mtn	1,583	Ebor	New England	
The Perisher	2,054				Majors Pt	1,538	11		
arruthers Pk	2,145				Pt Look-out	1,562			
Mt Anderson	1.997	**			Mt Hyland	1,434	Ebor		
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Mt Gungarlan	2,068			25	1				
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Mt Bindo	1.363	Katoomba	Blue Mtns	4, 0	Spire Mtn	1,200			
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Mt Cloudmaker	1,164			3	Mt Kaputar	1,508	Horton	Mt Kaputar	
Mt Paralyser	1,157				Mt Lindsay	1,436	**		
Mt Guouogang	1,291				Mt Coryah	1,405	Grattai Mtn		
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Mt Hobwee	1,175	Murwillumbah	Lamington		Mt Klangarow	1,135	Kingaroy	Bunya Mtns	
Mt Bithongabel	1,195		**	7 Folio	Mt Acland	975	Consuelo	Carnaryon	
Mt Wanungara	1,192				Mt Consuelo	1,174			
Mt Toolona	1,190		**		Mt Percy	1,151	Mount Howe		
Mt Merino	1,160				Amys Pk	930	Billoeis	Kroombit Tops	
Mt Throakban	1,140				Mt William	1,259	Mirani	Eungella	
Mt Lindesay	1,177	Mt Lindesay	Border Ranges	11	Mt David	1,249			
Mt Barney	1,359		Mt Barney	11, 28	Mt Dairymple	1,240			
Mt Ballow	1,310				Mt Ellot	1,234	Townsville	Townsville	
Mt Nothotagus	1,280			2	Mt Zero Mt Halltay	1,036	Rolling Stone		
Mt Clunie	1,158		Main Range				0		
Bald Rock	1,277	Drake	Girraween	В	Mt Bowen Mt Diamantina	1,119	Cardwell	Hinchinbrook Is	
Mt Norman	1,267	Stanthorpe	Male Bree	В			Kirrama	Cardwell	
Mt Huntley	1,264	Warwick	Main Range	2	Mt Macalister Mt Fisher	1,124	Tully	Cardwell	
Mt Lizardback	1,250				Mt Fisher Mt Sartle Frere	1,622	Bartle Frere	caims	5
Wilsons Pk Mt Steamer	1,233				Mt Bellenden Ker	1,561	Barne Frere		•
					Walsh Pyramid	1,501			
Mt Asplenium Mt Superbus	1,294				Wash Pyramid Lambs Head	1,277			
Mt Superbus Mt Roberts	1,375 1,381				Mt Spurgeon	1,243	Mossman	Daintree	
Mt Hoberts Bare Rock	1,3B1 1,168				Devils Thumb	1,322	Mussillan	Danice	
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Mt Brockman	289	Cahw			Mt Brassey	1,216	Alice Springs	Harts Range	
Mt Howship	385	Howship					1:250,000		
Mt Edward	1,423	Mt Liebig 1:250,000	Haasts Bluff		Mt Laughlen	1,172		Macdonnell Ranges	
Mt Liebig	1,524				Ayers Rock	B68	Ayers Rock 1:250,000	Ayers Rock	19 Folio
Mt Zell	1,510	Hermannsburg	Macdonnell Ranges		Mt Olga	1,069			19 Folio
		1:250,000			Mt Connor	B63	Petermann Ranges		
Mt Sandor Mt Giles	1,360			2 Folio 25	Mt Mann	1,174	1:250,000	Petermann Ranges	

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Mountain	Height (metres)	Natmap 1:100,000 (or other series) map	Location	Wild ref	Mountain	Height (metres)	Natmap 1:100,000 (or other series) map	Location	Wild ref
Western									
Mt Taylor Mt Hinchley	1,001	Rawlinson 1:250,000	Gibson Desert		Ellen Pk	1,012	Borden	Stirling Range	6, 25
Mt Aloysius		Cooper 1:250,000			Pyungoorup Pk	1,060			6, 25
At Aloysius At Wells	1,085	Bedford	Manhadasa		Coyanarup Pk	1,045			
At Hann	983 777	Hann	Kimberleys		Toolbranup Pk	1,052 856	Borden		
et nann et Ord	937	Mount House			Mt Magog		Tambellup		
At Brockman	1,129	Applies	Hamersleys		Marmabup Pk Nancy Pk	658 652	Mount Barker	Porongurup	
At Bruce	1,235	Mount Bruce	riamotoreys 		Mt Frankland	411	Deep River	Walpole	
At Augustus	1,106	Mount Phillips			Mt Manypeaks	562	Manypeaks	East of Albany	
- i riegestas	1,100	1:250,000			Mt Ragged	585	Buraminya	Cape Arid	
Buff Knoll	1,073	Borden	Stirling Range	6, 25		****	Dolontoya	Cape Airu	
South A									
At Woodroffe	1,440	Woodroffe 1:250,000	Petermann Ranges		Cleff Pk		SA ///nawort/na 1:50,000		
At Whinham	1,231	Mann 1:250,000			Mt Hack	1,083	SA Narrina 1:50,000	Flinders Ranges	
At Edwin	1,193				St Mary Pk	1,170	SA Wilpena 1:50,000	Flinders Ranges	4, 11
At Benbonyathe	1,058	SA Mepabunna 1:50,000	Gammon Ranges		Pompey Pillar	1,168	**		4
It McKinlay	1,051				Mt Aleck	1,128	SA Moralana 1:50,000		4
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					Mt St Phillack	1,505	Mallock	Baw Baw	17 Tk Notes 17 Tk Notes
					Mt Baw Baw	1,563	**		17 Tk Notes
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					Mt Suller	1,805	**	inomique is	9 Folio, 25
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	1				Mt Howitt  Mt Ligar (Crinoline)  Mt Wellington  Mt Reynard  Mt Kent  Mt Darling  Mt Speculation  Mt Speculation	1,742 1,160 1,635 1,701 1,563 1,510	Madfra Howitt	Macalister R Avon R Snowy Plains Wonnangatta R	7 Tk Notes, 2 Folio, 25 22 Tk Notes 9, 22 Tk Note
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# Wild Activities Survey

### Wild Activities Survey The High Points

Mountain	(metres)	(or other series) map	Location	Wild ref	
Mt 8obs	1,109		8obs Range		
Mt Picton	1,327		Picton Range		
Mt Hopetoun	1,040	"	South-west		
Federation Pk	1,224	Tasmap Old River	**	6, 26	
Mt Norold	978		**		
Mt Hesperus	1,097	**	**	6 Folio, 7, 25	
Mt Hayes	1,120	**		7, 25	
Mt Orion	1,120		**	7, 25	
Mt Procyon	1,120		**	7, 25	
Mt Scorpio	1,080		**	7, 25	
West Portal	1,173		**	7. 25	
Mt Anne	1,425	Tasmap Wedge	**	6 Folio	
Mt Eliza	1,289		**		
Mt Lot	1,120		15	6 Folio	
Frankland Pk	1,040			26	
Ocuble Pk	1,060	**	**	26	
Coronation Pk	1.040			26	
Mt Sprent	1,058	Tasmap Olga		26	
Mt Field West	1,434	Tasmap Tyenna	Mt Field	19	
Mt Field East	1,270				
Reeds Peak	1,277	Tasmap Wedge	Genison Range	19, 22, 26	
Mt Curly	1,039		Spires Range	8, 19, 26	
Conical Mtn	1,120			26	



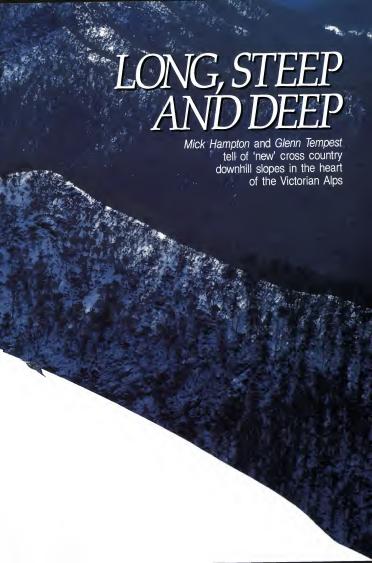
4				
Mt Humboldt	1,079	Tasmap Olga	Prince Wales Ra	17
Olamond Pk	1,000	Tasmap Nive		17
Algonician Mtn	1,073			17
Wylds Craig	1,337		Florentine R	
King William (	1.324	17	King William Ra	22, 26
King William II	1,359			22, 26
Frenchmans Cap	1,443	Tasmap Franklin	Frenchmans Cap	5, 11, 25, 26
Civtemnestra	1,280			
Mt Sorrell	1,144	**	Macquarie Harbour	
Mt Jukes	1.168			
Mt Sedgwick	1.147		Tyndall Range	
Eldon Pk	1,439	Tasmap Sophia	Eldon Range	26
Eldon Stuff	1.240	100		26



The State of			<b>1</b> 100	100
Mt Rutus	1,416	Tasmao Nive	Lake St Clair	3, 24, 26
Mt Olympus	1,447			1
Mt Mantred	1.402		**	
Mt Gould	1.491	Tasmap Mersey		1, 23, 26
Mt Gervon	1.509			26
The Acropolis	1,471			7, 24, 25
Mt Massif	1.494			26
Mt Ossa	1.617		Polion Plains	1, 25
Mt Pellon West	1,560	Tasmap Sophia	"	1
Barn Stuff	1,559	".	Cradle Mtn	1
Cradin Mtn	1,545		Oracle Inch	1. 7. 24 Folio. 25
Mt Murchison	1,275	**	Rosebury	1, 1, 24 1010, 2
St Valentines P		Tasmap Heliver	Surnie	
Stack Shiff	1.339	- manyon		
M1 Roland	1,231	Tasmap Forth	Devenport	
Mt Roggona	1,320	Tasmao Mersey	Central Plateau	
West Wall	1,494		Walls Jerusalem	19
Mt Jerusalem	1,458		"	19, 24 Folio
Clumner Sluff	1,449		Central Plateau	10, 2111010
Impstone Min	1,443		CONTINUE DE LOSSO	
Western Sluff	1,420			
Fisher Stuff	1,428		**	
Forty Lakes Pk	1,353	Tasmap Mersey		
Wild Oog Tier	1,395	Tasman Meander	**	
Quamby Stuff	1,226	memory memors		
Bradys Look-ou				
Millers Bluff	1,210	Tasmap South Esk		
8ig 8en	2,758	aumap Jouli Lax	Heard Is	9

Wild references have been given where a photograph, article or intormation about the relevant peak has appeared in Wild (Articles are listed only where they give specific information about the peak or if a route described crosses the peak.) Where the peak is referred to in Wild Tack Notes or a Wild Foto this is indicated after the relevant issue number. Note The inclusion of a peak in this list does not necessarily indicate that walkers are allowed to visit it. This particularly applies to peaks on Aboriginal reserves in central Australia.







• IN LATE AUGUST 1988 WE WERE PART of a group of skiers who gathered at the Vallejo Ganther Hut near Mt Howitt, deep in the heart of the Victorian Alps. We spent eight energetic days skiling some of the best runs in Australia. And then a cold south-westerly dumped 20 centimetres of powder snow over the entire area. Three skiers returned to Licola whilst Mick Hampton and his party left for the Jamieson River, by way of Mt Magdala. Glenn Tempest continued on a 23-day solo trin to Mt Koschisko.

We made plans to return the following year and ski some of the steep slopes and gullies that we had missed. In particular, the spectacular Grosscut Saw was special attraction. This narrow, cliff-flined ridge curves its way dramatically between the Howitt and Mt Speculation, forming the backbone of Australia's most breathaking alpine scenery. One of our main objectives was to ski the radical-looking gully which drops from the Crosscut Saws twin summits and plunges into the depths of the aptly-named Terrible Hollow, which forms the headwaters of the Wonnangatta River

Exactly 12 months later, Glenn and Mick drove up to the Bluff Hut and parked Mick's old Holden amongst the four-wheeldrives. Walking up the hill, we thought how nice it was to be heading back to Mt Howitt knowing that there were 80 person-days of food stashed in the forest. Even so, our packs seemed awfully heavy, and no wonder. In addition to ice axes, sleeping bags, tents, cameras, shovels and so on. we had also decided to carry two sets of skis each-heavy-duty, metal-edged 'turners' for the trip in and 'shredding' the slopes, and skinny skating skis for the kilometres of snow gum forests and plains lying just beyond the Valleio Gantner Hut.

It was a gentle two-hour ski to Lovicks Hut, where we were greeted by a large rat. It scurried off, presumably to tell its mates of our arrival.

As soon as there was enough light, we were out of bed. Some wet show had fallen during the night and whilst we were preparing breaklast the temperature dropped considerably. It soon started snowing heavily. We skied off into a white wonderland and quickly found ourselves amongst the gnarry old snow gums on the King Billy Range. Leaving this unique area, we continued through ever-deepening snow to the dangerous, icy flanks of Magdala. This prominent slope is often underestimated by skiers and has seen a number of long, painful slides down is 35° 'ice skating rink' all the way into the tree line.

The wind picked up as we skied to the crest. Mick was nearly knocked to the ground by a blast as he struggled to take a photograph. We stopped for the night in the saddle not far beyond Hells Window, even though it was still early in the day. We decided that it was more important to ski some of the nearby runs than to push on. So, after putting up the tent, it was off with the skins and on with the blue stick.



Authors Michael Hampton, left, and Glenn Tempest on the flanks of the Crosscut Saw. Geoff Butcher. Left. Hampton takes the plunge on the northern face of Mit Howitt. The Crosscut Saw is behind. Previous pages, Hampton again, this time heading for the Womangatta valley. All uncredited photos Tempest

Half a dozen runs later, we were both getting the feel for it again. Powder blew back over our heads as we carved through snow up to our waists. If it hadn't been for the antipodean scenery, we might have been in Utah.

There were strong winds and more snowfalls during the night. In the morning it was so cold that our fingers stuck to the Sigg fuel bottle. By the time we had fumbled the rimed-up tent into its stuff sack and packed up, our fingers were frozen. We traversed the first, steep, timbered hillside on windblown snow and old hard-pack. After crossing Big Hill the skiing became a lot easier, and late morning saw us ascending the final open slopes of Mt Howitt in clearing weather. Trudging the last few steps to the hut we were greeted by two other skiers, Bryan and Murray. Not surprisingly, the promise of free alcohol guaranteed their help in finding and recovering our food dump.

After a short rest we all set off, breaking trail through the deep, trackless powder snow which carpeted the ancient snow gum forest.

Bryan thought we were pulling his leg. Our tales of barrel loads of amber treasure were wearing a bit thin when, after half an hour of hard sone shoveling, we hadn't found even a single ring-top. It was getting late when we finally reached our objective. A slab of Victoria Bitter was quickly and carefully brought to the surface, followed by a cask of port. At this stage we decided, unanimously, to test the latter, just in case the quality had softered during its long burial. Another slab was followed by the recovery of yet another cask of port!

'Didn't you guys bring any food?', was all Bryan could gargle, wine bladder held high above his mouth.

By the time the rest of the food dump was packed into our rucksacks, it was almost dark. Half an hour later, and an hour from the hut, it was pitch black. We stumbled and sang our way through the snow gums, only stopping to untangle our ski tips and to hiccup. We couldn't help thinking how it would read in the



Tempest on the first descent of the Crosscut Gully, one of the best guillies for skiing in Victofia. Butcher. Right, the original version of the story—in the Vallejo Gantner Hut log-book. Opposite page, left, the scene of the crime, the Vallejo Gantner Hut at Macalister Springs. Opposite page, right, ski tracks on the Wonnangatta fall of the Crosscut Saw.

newspapers: 'Three skiers perish in the wilds of the Wonnangatta; alcohol blamed.' We Imagined the long-term ramifications. 'No skiing above 05'. With surprising forethought, Murray had left a mini 'strobe' light hanging in a tree. Its bright flashes helped to guide our hapless team back to the warmth and relative luxury of the hut.

We spent most of the day skiing on the wooded hill behind the hut. The snow was easily the best powder we had skied in Australia. We enjoyed memorable hours swooping through the snow gums, turning effortlessly in the dry white fluff. Later, we visited the snow plains nearby, swapping 'heavy metal' for 'light and easy' to flinish.

the day diagonal striding and skating. We looked forward to true spring conditions so we could skate over the Howitt Plains in the moonlight. However, it wasn't to be, as another 20 centimetres of powder fell that night.

Next morning the clouds were breaking up. In the distance, fresh snow covered the lagged summits of the Razor and the Viking. The snow had even dusted the trees in the Wonnangatta valley and the Barry Mountains were white, creating a causeway of snow all the way across to the familiar bulk of Mt St Bernard and Mt Hotham.

By the time we had skied up on to the summit separating Mt Howitt from the Crosscut Saw, we knew there were more snowfalls to come. Below, enormous tentacles of white cloud swirled amongst the steep, forested slopes of the Howqua valley. A cold south-westerly wind whipped up and across the tops, leaving plumes of snow trailing into the Wonnangatta. To the west, Mt Buller stood out sharply against an inky backdroo.

We skied down the ridge that formed the initial difficulties of the Crosscut Saw and in to a prominent saddle. After climbing to the top of what we called the Number One Bowl; we couldn't resist any longer and started carving neat 'S' turns down the steep, concave slope.

We were amazed at the quality of the were amazed at the quality of the such a perfect, long skir run in Australia. Towards the bottom, the bowl narrowed inco a shallow trough, not unlike the spout of a milk jug. Here the skiing took on a new feel as we contorted our way between the powder-laden snow gums. Then suddenly it was over. A wall of scrub put a halt to a remarkable skir run and marked the start of the dreaded walk out.

That day we skied the first two bowls on the Wonnangata side of the Crosscut Saw. Both were full of deep, wind-transported snow. The western (Howqua valley) side saw sindblown and icy. This, and the considerable exposure on the ridge-top, prevented us from reaching the head of our much-discussed gully. We needed ice axes, but we'd left them at the hut. Still, we were well pleased with the day's skilm.

Two days later we were relieved to be able to venture outside again after a day of awful weather had kept us confined to the U. We skied out on to the corniced ridge near to the summit of MI Howitt just as a light plane circled overhead. It was a perfect sunny morning and we were delighted to be finally free of Gore-Tex lackets and overpants.

Two days on we skied out to the 'Saw', making a few long runs in both Number One and Number Two Bowls en route. We also did some interesting, short, steep runs on the Howqua side. It was possible





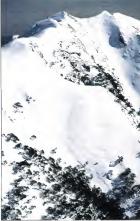
to carefully traverse and sidestep over the section which had been too ley a few days earlier. Below us, on either side, steep slopes ended in specifacular vertical droit into the tree line. We climbed carefully up on to the first of the two highest points of the Saw. From there we could see down into what we called the 'Crosscut Gully' twas not as fercious as it had appeared from front on, but it was steep all the same!

Glenn took off, Telemarking straighting, where the source was been debest. Looking for a good line of descent, Mick climbed on up the slope towards the second summit before dropping over a small cornice. The snow there was deepen and unconsolidated, so he adopted cruded upump turns in an effort to keep 'headplants' to a minimum. After a while the utily's angle eased and we continued in

a more classic manner directly down the fall-line. It was difficult to link two turns in a row but we slowly descended, laughing and shouting. Our voices echoed off the rocky bluffs which enclosed us as we descended.

We plugged steps slowly up the gully, joking about how if this were New Zealand, we'd be roped up. It wasn't difficult to imagine how serious the gully would be when a freeze turned the wet snow to ice.

Stopping for a rest, Glenn was suddenly taken back seven years to another, similar, gully. This one, however, was high in the French Alps. His small party was carefully making its way up a steep, unbroken stretch of ice and snow. It was the real thing—ice axes, hammers, helmels, crampons and ropes. Glenn remembered most of the route being pretty



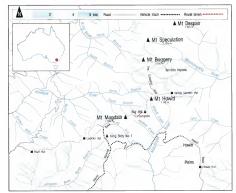
straightforward except for a few scary metres immediately below, where they had each teetered alarmingly on metal points over a steep icy bulge. They were just getting their wits back when, suddenly, a figure loomed above, plummeting down in what must surely have been an agonizing fall that would take him (and to their horror, Glenn's party) to his death 1,000 metres below. In a blind, unco-ordinated panic they scrabbled to their right, but not before a shower of icy crystals poured over them in a wave Regaining their composure, they looked down the slope, expecting to see a figure bouncing down to certain doom. It took a little while to sink in. There was a figure all right, and you could say he was bounding...he was skiing. It was Glenn's first experience of 'extreme' skiing and he promised himself, then and there, that it would be his last.

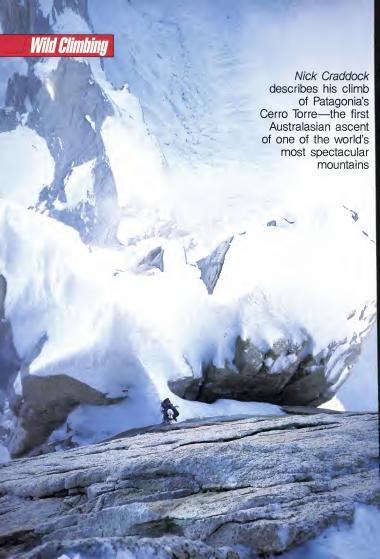
We took almost an hour to climb back up the gully and were at the hut an hour before darkness crept across the snow ours.

On the day we had to leave, drizzle and mist hung over the mountains like a London fog. It was blowing in from the London fog. It was blowing in from the south-west and there were snowtlakes in the air. It was a seven-hour, non-stop ski back to Bluff Hut. By the time we reached the car, it was bitterly cold and it didn't stop snowing until we were almost down to Sheepyard Flat. Up on the tops, the high country was taking another lashing #

Mick Hampton (see Contributors in Wild no 17) lives in Melbourne and, with Wild Special Adviser Glenn Tempest (see Contributors in Wild no 4), has pioneered many XCD runs in the Australian Alps and skied extensively overseas.

### Mt Howitt Area







 CHRISTMAS DAY 1979; AFTER AN EPIC, three-week overland trip from Lima, Nick Kagan and I arrived at the FitzRoy roadend. True to all stories we had heard about Patagonia, the wind was howling and it

was raining, heavily.

We found shelter in a storage shed, sharing it with the Californian crew of Bridwell, Bachar and Gram. My first overture of friendship was to bludge sunglasses, ice axe and harness from Bridwell. Somebody had borrowed mine and in exchange left me a latge pair of dirty women's underwear. Being into sniffing other things at that stage of my life. I want improsesed.

A couple of days later the rain and wind assessed off, and we proceeded to torture seased off, and we proceeded to torture our bodies by carrying our food and acquipment to Base Camp. Although the walk took only two and a half hours, and mostly in beech forest, it wasn't much fun. Bachar provided the only light metratiment by constantly worrying about his thighs becoming too large and diminishing his strength-owechit ratio.

After two weeks we finally got to see peaks a few kilometres away. By that time we had successfully slipped into the Patagonia 'hang mode'; eating and sleeping. Coming from New Zealand, it dight take any great adjustment.

Helped by surreplitious taps, our tendiar attitude registered a definite tendiar attitude and entire the surreplication and the surreplication and the worst in the art of Patagonian climbing, Kagan and I made the worst possible mistake—we decided to do a 'training climb'. Four days later we sat sulking in a bivouch half-way up the Torre Glacker. To cut an embarrassing epic story short, we managed to fall on the Innominata and also in an attempt on the Super Couloir on FitziPov.

Meanwhile at Base Camp, deciding that his thiphs were indeed getting too heavy, Bachar had beaten a hasty retreat back to adoring grouples in Yosemite, closely followed by Gram. Bridwell, in a chemically inspired moment, had met titnerant Californian climber Steve Brewer, and together they set off for the Southeast Ridge of Cerro Torre.

In varying states of frustration and despondency, Kagan and I watched them aid the final pitches of Cerro Torre's headwall.

A month and a half of bad to terrible weather drifted by Bridwell had left, Brewer hung around with thoughts of soloing FizRoy, and Kagan and Iswitched our focus from the Super Couloir to the American Route on FizRoy. We spent most of the time wasting away in a snow cave below the route, occasionally attempting to climb, only to be beaten back by the wind.

Rick White, Greg Child et al arrived, basing themselves in the Torre valley. We

Near left, the world's most spectacular mountain? Cerro Torre rockets towards the Patagonian sky. The South-east Ridge is facing the camera. David Neilson. Far left, looking down on the ice towers from the first belay on the headwall of the South-east Ridge. Nick Craddock gave up our snow cave and retreated to the bush, wandering around in aimless frustration

Finally, I was woken one morning by my tent suffocating me. In a drunken stupor, I'd broken the tent poles whilst trying to find my sleeping bag. That night it snowed heavily right down to the bush line. Outside, the wealther was rapidly clearing from the south. In the ensuing line spell we managed to bumble our way to the summit—a perfect windless evening, the icecap and the Torres absorbing the sinking sun.

Our dream realized and our egos sated, we left. Meeting Rick White at the road-end, we could only laugh at his misfortune in climbing the only detached pillar on the West Face of FitzRoy: the Fickle Finger of Fate. Even having made a successful climb, it was hard to turn my back on the spires. I was hooked.

1987; seven years had mellowed my memories of Patagonian weather, Cerro Torre hadn't toppled down, and Russell Braddock shared the dream of climbing it.

Two days before we left for Argentina, Russ and I met in Christchurch. A day running around purchasing equipment, followed by a couple of hours cramming it all into a few haul sacks, and we were ready. At Auckland Airport we met Viv Pincott, our chaperon for the next two weeks.

On 1 September we flew out of Auckland bound for Buenos Aries. After an overnight stop there, we flew south to the Coallegos, arriving early in the morning. That afternoon we tried to catch up on osme steep. Unfortunately, even a bottle of Jack Daniels had little effect on continuous cups of Argentine orfofee. Russ and I were woken early the next morning by our chappen'ns virtuous dismissal of a local guide, at the door of our room. In the true spirit of adventure travel, Viv had stacked the odds; for two months in South America she had packed only five

### Cerro Torre



'morning-after' pills. However, it was a worthwhile night, as she had managed to organize transport to the road-end for the following day.

After a day spent buying food and fuel to a possible three-month siege of Cerro forre, we were ensconced in a pick-up cruising the wastelands of the Patagonian pampas. We arrived at the road-end just on dark, the peaks showing their final colours through westerly road.

colours through westerly crud. Things had been going well. Four days after leaving New Zealand we were within three hours' walk of Base Camp, and close enough for an alpine-style attempt on Cerro Torre. There had been no days wasted in futile arguments with small-time bureaucrats, no endless approach marches, no porter strikes, and it wasn't even raining!

The following morning we organized our tood and equipment to be carried up the Torre valley on horseback. In the afternoon we walked up the valley found a suitable campsite and talked to three Italians sitting out the bad weather between attempts on Torre Egger. Returning to the road-end, Russ commented that the clouds covering the Torres seemed to be thinning. This time, learning from experience, we had a reputable altimeter, and throughout the next day the pressure oradually increased.

By late the following afternoon the three of us were comfortably established in our Base Camp-a rudimentary log cabin on the edge of a sunny clearing, surrounded by ageing beech forest. All our equipment and food had arrived, apart from the kerosene, which was to appear early manana. Russ woke me the next morning with the news that the weather was fine. From the clearing we could see Cerro Torre piercing through dissolving southerly cloud. Without much discussion we packed enough food and equipment for three days and calmly waited for our kerosene to arrive. Now to us manana meant morning and 'early manana' some time between dawn and midday-a very reasonable and liberal translation. I thought. By early afternoon, with no sign of our fuel, we realized that, to the locals, manana meant any time within the hours of daylight. Unable to wait any longer, we changed the jet in our stove and made do with some unfiltered petrol, left by a previous expedition.

As a build-up to Cerro Torre, Russ and I had done some serious training, most of which revolved around skiing as much as possible and walking as little as possible However, we had made the effort to bumble around Mt Arapiles for two weeks, six months previously, and thus ensure we had at least climbed together. Six hours later, after bashing up the glacier, we bivouacked on top of the moraine wall under Cerro Torre. The moon was full that night and although I was extremely tired, I couldn't decide whether to sleep or to watch the amazing display as the moon moved over the granite spires surrounding 118



On Maestri's infamous bolf traverse, Right, Russell Braddock below Cerro Torre's mighty, and grossly foreshortened, East Face. The South-east Ridge forms the face's right skyline; Torre Egger is the peak to the right. Craddock

At 3 am, with the altimeter reading fine, we cramponed 500 metres to the start of the initial difficulties on Cerro Torre's South-east Ridge. From here we solded on mixed terrain, groping through half-visible seracs for 300 metres followed by seracs for 300 metres followed by seracs for 300 metres followed by seraces for 300 metres followed by seraces for 300 metres followed by seraces for 300 metres followed by the odd rock step thrown in. Remmants of previous attempts—faded fixed rope and rusted pitons—made route finding easy on the upper section. An hour after dawn we were on a low-angle col. Here the real difficulties started and 800 grossly foreshortened metres above, Cerro Torre's summit sailed.

My first act on the col was to give it an appropriate name: Col of Desire. It seemed apt, fitting well with the Col of Hope and the Col of Conquest on Cerro Torre's other flanks. Cesare Maestri, who made the first ascent of the South-east Ridge, had stated. 'Hope is the weapon of the poor and desire the weapon of weakings! (There are no prizes for guessing who named the Col of Conquest.) Being weakings, we had a brief rest and roped up.

The first four pitches were mostly free climbing on perfect, crack-infested granite. The view and exposure were changing from impressive to awesome and the sun was warming the rock. It should have been almost idvilic alpine climbing, but it wasn't. Our packs were too heavy and our organization inept. I scared myself stupid on the second pitch by trying to save time and Jumar on an old fixed rope. Half a pitch out from the belay, and with no protection. I discovered the extent of its decay. Still, it held and I reached the next belay alive and positive I'd not repeat the experience. Another 50 metres saw us into mixed terrain, mostly



to make wearing crampons essential. It was interesting climbing in outrageous positions, with the South Face falling away on one side and the East Face on the other

Russ struck an aid pitch and slowly remembered how to be efficient. The pitch involved a traverse away from the ridge crest over the South Face and then up a gently overhanging blade crack. I followed, whimpering and squealing as I swung out on my Jumars to clean. Good fun. After an easier section I belaved at the base of an awkward-looking chimney-just the right width to be horrible when you're wearing a pack and crampons. Russ led it, finding innovative rests by sliding down until his pack and chest locked between the opposing walls. Following on Jumars wasn't much fun either, especially grovelling into its depths to retrieve protection. Leaving my pack with Russ, I led a pitch of rock, which was mostly free, with the odd aid move

After the inevitable hassles of pack hauling. Russ joined me. It was dark and we found ourselves perched on a 60° ice arete. What happened next, in retrospect, was almost comical. Both of us were physically and mentally wasted. There were no ledges on the surrounding rock and, after anchoring ourselves to long leashes, we procrastinated about where to bivouac. Half an hour of hard work produced a minute stance in the ice. We decided it must be easier somewhere else! After three attempts and much wasted energy we realized that the ice was the same bullet-proof hardness everywhere. We settled for a small platform from which we half hung. Getting into our sleeping bags and bivouac sacks took a lifetime and when we were finally settled, our stove refused to function. We spent a warm but precarious and dejected night pondering the lies propagated by

Mountain magazine photographs about such bivouacs.

By early morning it was snowing, visibility was zero, and the wind was trying to pluck us off our ledge. A long 15 hours later, we were back at Base Camp with Viv playing camp mother and both of us too tired to be useful. After 24 hours of recuperation we were feeling good, physically and mentally. Far from feeling beaten, we felt strong and confident of success. An attempt on the objective is the best way to train.

Late in the afternoon of the following day the altimeter started rising. With the majority of our gear stashed at our bivvy site under Cerro Torre, we made fast time up the glacier. On this occasion we had some carefully filtered kerosene with us. At the glacier bivouac we sorted gear and had a leisurely dinner. Just after dawn the next morning we were once more on the Col of Desire. With a cold wind blowing, I convinced Russ that our best option was to go down to the glacier again, bring up some more food and fuel and dig a snow cave. By the time we returned the wind had dropped. We dug a cave and I spent the night wondering whether I had screwed up again by wasting fine weather. Looking out of the cave just before dawn. I alimpsed massive lenticular clouds floating across the sky. Although the altimeter was holding. I argued for waiting longer. Russ acquiesced in my decision, but was obviously agitated by my lack of drive. By 10 am the clouds had gone and it was windless. An hour later we were climbing. Firing the known difficulties, we bivvied three pitches above our previous high-point. In contrast to our earlier bivouac on the mountain, this one was almost enjoyable. Again we had to cook and sleep virtually hanging, but we were sheltered from the wind, feeling strong, and our stove was purring. I spent the dark hours gazing at the moonlight on FitzRoy opposite, smoking my pipe. I was impressed that anything dropped bounced only twice in 800 metres

The clouds enveloped us just before dawn and it snowed, but a couple of hours later the sun touched us and the murk started to lift. We left everything extraneous. Apart from what we were wearing and a rack of climbing gear, we took a day pack containing windproofs, some water and a few bars of chocolate.

Immediately we were aiding-90 metres of bolts in a rising traverse across an otherwise blank wall. Unlike the British before us, having no moral dilemmas we clipped every bolt. Maestri had made a fine job of placing them with the aid of his compressor. Very comfortably spaced, thank you. The bolts ended, and the climbing that followed was technical mixed climbing at its best. One crampon on rock, one on ice. Jamming with one hand, the other throwing an ice tool. Bridging, laybacking, tiptoeing-no moves were the same. Steep ice bulges ended in aid moves, a totally stretched rope and hanging belays. Perfect protection, and always with the incredible exposure below and the summit headwall towering above. Without a debilitating pack, it was pure joy.

By 5 pm the ice towers were below and we were at the base of the headwall. One hundred metres above hung Maestri's compressor, glued to the wall by a sheath of ice. Fifty metres above it, the summit ice mushrooms soared through space. The first pitch of the headwall was free climbing, followed by two aid pitches to the compressor. By the time I had Jumared to Russ's belay on the compressor, it was virtually dark.

Realizing that we wouldn't reach the summit before nightfall, we rested.



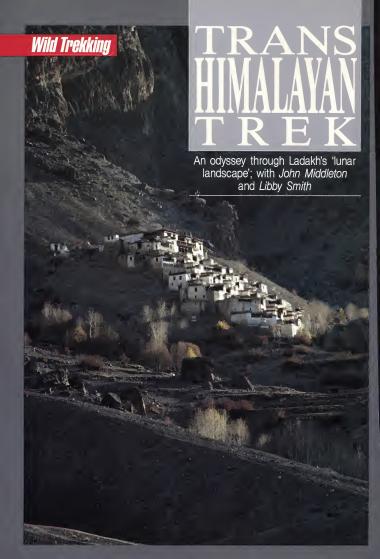
examining the final 50 metres. Bolts led up for a few moves and then disappeared. to be replaced by copperheads and tiedoff pitons. Slowly, by torchlight, I led the pitch to the final hanging belay. I was scared but determined. Russ came up and quickly demolished a short vertical ice smear-the final difficulty, and an impressive lead knowing the exposure but unable to see it. A short time later I was standing beside Russ on flat ground, 15 metres below the summit. Russ took the rope off and walked to the highest point. I didn't follow. All around was a view of inky blackness. It was very cold and, with success, adrenalin stopped flowing and overwhelming tiredness set in.

We spent the remainder of the night rappeling, slowly, almost in a hallucinatory state; time drifting. The only objective was to reach each other's pinpoint of light or to find the rappel anchor. Continually battling the overwhelming urge to fall asleep, we helped each other down. By dawn we reached our bivouac, collected our gear and continued descending. Our last rappel deposited us at the snow cave. Two Swiss occupied our space. After some increasingly unsubtle hints, we evicted them. Tension gone, we slept for 17 hours.

Elation finally came when the remaining rappels to the glacier were completed. Success is always such an anti-climax and memories of suffering short. Ten days

later we climbed FitzRov's Super Couloir.W

Nick Craddock is a UIAGM-qualified mountaineering guide based at Mt Cook, New Zealand. He has made major ascents in Alaska, Yosemite Valley, Patagonia, Europe and Antarctica, as well as hard first ascents in the Mt Cook region.



 FROM SRINAGAR IN KASHMIR IT IS A short and spectacular 40-minute flight north-east across the Himalayas and the Zanskar Range to Leh, the capital of Ladakh, in the Indus valley. The subject of this article is the even more spectacular return journey over those same mountain ranges but by a very different route, and on foot

Due to the altitude (3,600 metres), the largest aircraft which can land at Leh is a Boeing 737, and even so the landing will be aborted unless conditions of wind and temperature are favourable. We spent three days in Leh to acclimatize to the altitude and to visit some of the places of interest in the region. Among the major cultural events of Ladakh are the annual festivals of the great gompas, or monasteries. We had timed our visit to coincide with the festival at Phylang, a spectacle of pageantry, dance, mime, music and mythological drama. The festival continues for three successive days and is the highlight of the year for the local people. The gompa at Hemis also holds its festival during the summer, but most others are held in the colder months when I adakh is less accessible to visitors.

A three-hour drive from Leh along the Kargil road brought us to the famous gompa of Lamayuru. From here we made the ten-day journey to Karsha, in Zanskar, with a small trekking group which we had organized, and several pack horses. The route is one of the classic treks of Ladakh. climbing up and over seven high passes in seven days before joining the Zanskar River. From the top of each pass, the view to the south is dominated by the glistening white rampart of the Himalayan Range stretching across the horizon. This region is dry and barren, a land of perpetual sunshine during the short summer. The monotonous brown sedimentary rock of the mountains is relieved higher up by the white of the glaciers, and lower down by the green of the barley fields irrigated from the mountain streams. The streams themselves are fed by the melting of the glaciers. On the mountainsides high above the villages can frequently be heard the indignant whistles of marmots. These rodents, somewhat like large brown squirrels, will confront the passer-by from the safety of a rocky outcrop but will dive into their burrows when approached. Each night we camped in a valley beside a glacial stream, at an altitude of about 3.600 metres. There is no human habitation above, so the cold, pure water is perfectly safe for drinking. Each day we had to climb up to 4,500-5,000 metres over a pass and down into the next valley. Sometimes there will be snow remaining on the passes, depending on the time of year and on the severity of the previous

After joining the Zanskar River, it was a pleasant two-day stroll upstream along the west bank to the village of Pishu. Across the river from Pishu is Zangla, the home of one of the two kings of Zanskar. Zangla is normally accessible by way of



Ali Farook and the porters trudging down the glacier flowing south from the Umasi La. John Middleton and Libby Smith. Left, Lingshet Monastery, Zanskar. Gan

that well-known landmark, the rope suspension bridge, but the river level was so high that the central part of the span was submerged, and the bridge impassable. From Pishu we continued to Karsha, a small village dominated by the largest monastery in Zanskar. Visible in the distance across the river is the home of the other king and the capital, Padum, situated on its hill of glacial rubble overlooking the plains at the confluence of the two branches of the Zanskar River. Continuing upstream along the bank of the western branch, the Doda (also called the Stod), we reached the steel truss bridge at Tungri. From Tungri there is a choice of routes out of Zanskar. The first is the vehicle track which follows the river westward to the Pensi La, then to Karoil and Srinagar. This is the route which the rest of our group travelled.

The second route, by way of Padum, follows the eastern branch of the river to

Karovak, then across the Himalayas by the Shingo La (5,096 metres) to Darcha, thence by road to Manali and Delhi. Two or three days beyond Padum and three hours up a side valley is situated the wonderful Phugtal gompa, clinging to the mountainside high above the valley at an altitude of 4,500 metres. The first sight of Phugtal creates an emotional impact comparable to Chartres or Avers Rock, It is a place of intense spiritual significance. The monastery is built around and below a sacred cave, and is still inhabited by a community of some 200 monks. The monks are very hospitable, and visitors are always offered tea and tsampa. Visitors will also be shown the Dukhang (meeting hall) and the library, where the ancient books are hand-written in Tibetan script on loose leaves and bound in cloth between wooden covers. Even if not travelling by the Shingo La, the detour to visit Phugtal is a rewarding experience not to be missed if time permits.

The third route out of Zanskar, and the one we followed, heads directly southward and upward into the Himalayan Range to the Umasi La, the pass over the mountains at an altitude of 5,342 metres. The snow and glaciers on this route are impassable to pack horses, so local Zanskari porters were engaged for the mountain crossing. Our Kashmiri quide, Ali



The village of Wangla, with its monastery on a ridge high above. The green of the irrigated barley fields contrasts with the rock of the mountains. Middleton and Smith.

Farook, conducted the long protracted magnification, and mixture of Urdu, Kashmiri, and the local Tibetan dialect. Although we were travelling yet ylight, the Zanskaris (understandably) will not carry the large loads to which porters in Nepal are often subjected, so five porters were required to acrry equipment for the two of us and Ali Farook. At last we got under way and, leaving At last we got under way and, leaving

the Doda at the village of Ating, headed up the valley of the Mulung Tokpo to the first camp, across the river from the deserted monastery of Dzongkul. The monasterv nestles beneath overhanging cliff, high above the river. The buildings have been slowly disintegrating since being abandoned about 20 years ago. The following day, we continued slowly upstream, occasionally passing small herds of yaks, brought up to the high valleys for the summer grazing. The porters were in a holiday mood, and well they might have been-we had allowed three days to get to the base of the Umasi La, a distance which really requires only two. There are many good camping sites beside the river, and we finally camped on a flat grassy area among huge granite boulders. That day, the continual sequence of fine sunny days was broken, and a cold drizzly mist filled the valleys, a certain sign that snow was falling on the peaks. This was confirmed the next day when we met a party of Indian Army soldiers. They were very friendly and their officer spoke excellent English. They had crossed the pass in snow the previous day, he told us.

The route continued upstream, towards the enormous Malung Glacier, with its terminal moraine, a three kilometre long mass of broken rock and rubble. Here we diverged to the left, up a steep narrow gully, to arrive at Nabil Rock Bridge, a natural bridge over the glacial torrent. Beside the bridge is a broad meadow carpeted with numerous varieties of alpine

flowers and an occasional specimen of the are and beautiful Zansker blue poppy. An hour further on we came to a stone hut at the foot of two glaciers, and the site of our final camp before the pass. It had been line and sunny once again and the weather for the next day was looking favourable. The final ascent to the pass and the descent beyond are through deep snow. All Farook advised an early start in order to cross the snow before it softened in the warmer weather of the afternoon, so we all retired even earlier than usual.

Rising at 4 am, we set out an hour later in the first light of dawn, the route through the rocks barely visible, then climbed up to the glacier on the right which was reached after about 30 minutes. As the sun rose, the pale white dawn sky turned to a deep intense blue. But across the range a thick grey early morning mist could be seen spilling over the top of the ridges. The going was initially slippery over the icy surface of the glacier-the winter snow had long since been melted by the summer sun. The porters, clothed in an assortment of local margon homespun woollen cloaks and tattered western attire, now made their only concession to the conditions. They each donned a pair of rope-soled shoes with curly pointed toes which made them look like Sinbad the Sailor, but provided a firm grip on the ice. Ali Farook borrowed a pair but obviously lacked the right techniquefor him it was two steps forward and one step back! We were grateful for the stout walking boots which we had carried all this way and now wore for the first time. As we progressed further up the glacier, firm snow on the surface made the going easier. But not for long-the pass was now in sight, a narrow rocky cleft at the lowest part of the ridge. To reach it, we had to leave the glacier and make a steep 500 metre ascent through deep snow. Although it was a long slow climb, we had by then been above 3,500 metres for over two weeks, so the altitude did not impose a severe burden upon us. As with every other mountain pass in the Tibetan region. the top of the Umasi La is marked with the usual stone cairns festooned with Buddhist prayer flags. When we reached the pass, a sea of mist obscured the view to the south. But as we rested there, the mist gradually dissipated to reveal a wide snow-filled bowl surrounded by snowcapped peaks and, flowing from the southern rim of the bowl, the glacier which we were to follow.

Initially the descent is an easy five kilometer stroll down the glacier. There are many crevasses caused by movement and melting of the ice, but they are easily detected and not difficult to avoid. Further down, the glacier descends rapidly at an icefall. Here our route diverged temporarily from the glacier and followed a steep difficult section down the valley wall beside the icefall, once again in deep snow. Returning to the surface of the glacier below the icefall, we had the worst of the snow behind us, and could afford

# Ladakh!

• ANTHOUGH POLITIOALY DRIFT OF THE INSTITUTE Indian State of Jammu 8. Kadmin the Ludakit Zanskar region is, in most other wave, part of the Stutated on the indus and Zanskar fivers, the regist occupies a high, dry part of the Tibetan plates renowned for its aird and spectocular funa landscape in fact, the area is a high-altitude desernation of it above 4000 metres, with vegetatic confined to natrow straps along ringer watercoals confined to natrow straps along ringer watercoals. Teleken preprietation comes from winter snowfalls. Teleken will be more concerned about protecting themselve to the entire control of the sun than keeping dry.

Evidence of the Buddhist religion is everywhere and, from a visitor's point of view, add considerably to the region's interest. Spectacul monasteries cling to precipitous mountainside prayer flags flutter from every house and mounta pass and the approaches to villages are marked by mani walls and chortens. The Ladakhi people ar colourful and friendly, and their harsh country is on sparsely populated Without a heavy rucksackother 'hazards' too well known to Australia bushwalkers such as dense scrub, freezing rain and leeches-trekking in Ladakh will seem a relativel benign activity. And fascinating experiences an dramatic views at almost every turn make it possible to forget even the effects of altitude, particularly if you are walking with the knowledge that when you re your campsite for the night, your tent will be pitched and dinner cooking

How to go. The cheapest way to go, by yoursell and carrying all your own food and equipment, siste siste hardest, particularly if you are not thorough acclimatized. Regardless of how you intend to travel sufficient food and fuel should be carried for the entire trek since little, if any, is available along the way. Korosene or petrol are the fuels normally used and can be chilaried in Left.

and can be obtained in Left. The next level of Selfter next level of Self-op equality of Legel of Self-op laters you may need during the day, such as a paste letters you may need during the day, such as a paste and water bottle, which should be carried by the trekker in a day pack, if you are using ponies it is been a day pack, if you are using ponies to it Ponies may not be readly available when you want them. however, and negotiations frequently takes a market of days, currently, high you all pound 50 repeets a market of days. Currently, high you all pound 50 repeets on the control of the position of the country of the poor man.

The third stage is to also hire a cook, who can be a valuable asset. He will provide the cooking utensits recommend appropriate food (which should be obtained at the start of your trek) and bargain more effectively in bazaars, saving you considerable time and money. In addition to doing this and cooking good meals, he is also likely to be a valuable and interesting source of information. A cook can be hired for about 100 rupees a day (allow for up to four extra days it he is to come from Srinagar). Food, obtained in Srinagar and Leh, should cost about 70 rupees a day for each trekker, including his or her share of the cook's food. It is wise to carefully check a cook and pony man's experience of the area you propose to visit before engaging them. It is normal to give a reasonably generous tip, for good service, at the end of the trek. These services can be arranged through a number of trekking agencies in Srinagar and Leh including Kashmir Himalayan Expeditions and Artou-India which each have offices in New Delhi, Srinagar and Leh. Our trek was arranged through Gary Weare's organization, Mountain Journeys (PO Box 241 Srinagar, Jammu & Kashmir, India), and its associate in Leh. Regzin Jora, who owns the Hotel Mandala Fort Boad, Leh: both were excellent, Information is also obtainable through government tourist offices in Srinagar and Leh, but this is a more indirect approach (and in India, this is the last thing you want).

### acts for would-be trekkers, by Chris Baxter

A self-organized trek allows considerable flexibility out can be expensive if you are hiring a cook and onies for a very small group. Most trekkers prefer o visit the area with an adventure travel organization. sed in Australia or India, to minimize preparation and possibly cost

When to go. The trekking season is normally from May to October, inclusive, with July, August and, articularly, September being the best time. The road from Srinigar to Leh is usually closed for the winter rom 15 October. Flooded rivers can be a problem arly in the trekking season, and high passes may be

locked by snow at either end of the season Maps and other references. Trekking in the Indian Himalaya by Gary Weare (Lonely Planet, 1986) and Kashmir, Ladakh & Zanskar by Margret & Rolf Schettler (Lonely Planet, 1985) are good sources of formation on trekking in the area and are readily available

Maps are more of a problem. We obtained a copy of Ladakh-Zanskar, 1:350,000, published by Artou, and found it adequate. The Indian Government's twosheet Trekking Route Map of Jammu & Kashmir, 1:250 000 is also available. Both maps are said to be obtainable in Leh

Equipment. What you take will be determined to a large extent by the type of trek. You will have to take least if you are part of an organized trek with an adventure travel organization. Your clothing should be similar to what you would need on a summer hushwalk in the Australian Alps, during which you might experience both very hot weather and cold, damn conditions

Health considerations. Whilst there are undoubtedly health risks associated with trekking in emote regions, particularly in Third World countries they can be minimized with an informed and prudent approach without the need to approach parannia. It is wise to have a medical examination before you arrange your trip, and to have the appropriate vaccinations, possibly including one for hepatitis. If you are going with an adventure travel organization. it would normally carry an adequate first aid kit, but check first. Otherwise, you will have to assemble your

Below, Chris Baxter at the village of Rumbak. Sue Baxter Above right, trekkers and their ponies descending from the Stok La. Chris Baxter

own, before you leave Australia. The problems most likely to be encountered are 'stomach upsets' (respiratory) infections and the effects of altitude. The first can range from mild to life-threatening, and appropriate medication should be carried for diarrhoea, dysentery, giardia and similar afflictions. It is important to pay particular attention to what you eat and drink, and to personal hygiene. All unboiled water should be regarded as suspect and should be boiled thoroughly and, preferably, also treated correctly with a purifier such as lodine, as it is not always possible to ensure that water has been properly boiled. It is wise to avoid uncooked food, particularly fruit and vegetables, and also meat and dairy products. Starting a trek with a heavy cold is asking for trouble as they can develop into severe respiratory problems at altitude. In any event, a good supply of appropriate antibiotics should be carried For information on coping with the problems of altitude, see Wild Ideas in this issue Naturally, all medical preparation should involve a suitably qualified medical practitioner. You must know what to do with your first aid kit should the need arise. It is a good idea to take an appropriate reference with you: James Wilkerson's Medicine for Mountaineering (The Mountaineers, 1985) is excellent for this purpose. If is a good idea to carry your first aid kit in two parts (with different people!) in case of loss, but divide it carefully

The sun is much more of a hazard at altitude than is generally recognized, and thorough precautions should be taken, particularly if you are fair-skinned Dogs and rivers do not usually present problems to trekkers in the region, but have been known to claim lives and should be treated with respect. Give dogs a wide berth when passing through villages and ensure that villagers see you approaching so that they have a chance to tie up any unrestrained doos. Rabies is not unknown in the region. Major rivers are usually bridged, and most other streams present little problem. There are significant exceptions, however and in such cases crossing should be approached with extreme prudence, together with the appropriate knowledge and equipment.

Getting there. Whilst it is possible to inexpensively ly direct to Leh, the capital of Ladakh, from either New Delhi or Srinagar, this involves a sudden and significant height gain (Leh is at an altitude of about





3,500 metres). This frequently results in unpleasant symptoms of altitude sickness for those making the flight, particularly if they do not take it easy for their first few days in Ladakh. On the other hand, there is much to be said for flying out of Leh-the view of the Himalayas is breathtaking. All flights into and out of Leh should be booked, and reconfirmed, well in advance, as flights are heavily booked and frequently cancelled on account of weather.

The alternative to the plane is an epic two-day drive from Srinagar to Leh, one of the wildest roads in the world, and the crossing of three high passes. Whichever, it is an experience not easily forgotten But to maximize the adrenalin flow you should travel by bus which, at the fastest, takes two very long days with a 'night' in Kargil in between. The advantage is that this is relatively cheap-about 60 or 90 rupees for a one-way ticket, depending whether you travel on an 'A' or 'B' class bus. Hiring a car or a Jeep costs considerably more (about 4,000 rupees), but some consider it worth while for the additional comfort and safety afforded, although these are strictly relative concepts under the circumstances.

After a few days of dealing with Srinagar's traders and the drive to Leh, you may not have the stamina for too much negotiation in Leh. Fortunately, however, there are a number of hotels from which to choose. and you should be able to obtain a good room and three meals a day for 200-300 rupees a day (cheaper on a shared basis) (At the moment, \$A equals about eight rupees.) We had trouble getting anyone to cash SA traveller's cheques: American dollar traveller's cheques seem a better bet. Carry a lot of smalldenomination notes in Indian currency, as change is often not available, particularly in more remote areas

Recommended treks. The possibilities are considerable, but most of the best trips require ten or more days and almost all treks involve crossing passes of 4.500 metres or more. The Markha valley trek is popular, as is that from Lamayuru to Alchi Others are suggested on the Artou map referred to above. The trek described in the accompanying article is a more extended option.

Whilst theft is uncommon, it is as well to look after your belongings. Shoes and socks are particularly favoured items, and should not be left outside your tent at night. Begging, particularly by children, is more

of a problem, and should not be encouraged. Some enterprising villagers have taken to charging trekkers for camping on their land. (Many campsites are near villages.) A typical fee for this is ten rupees a night for each tent, excluding the cook's

However or wherever you trek, remember that we are guests in this unusually beautiful, and delicate environment. Already campsites are disgracefully littered with toilet paper and other rubbish left by trekkers. 'Go the extra mile' to leave this mountain. paradise at least as you find it W

the time to stop for a belated breakfast and a welcome mug of tea. We had come a long way, but it was still only 11.30 am. From there, where four glaciers converge, all tumbling down icefalls to unite in one, there were three more hours

walking on ice. Then the glacier ends and

the track continues down the side of the valley, high above the terminal moraine, We were now entering the lush, green valleys of Kashmir. In the higher valleys. nomadic shepherds graze their sheep in the summer months. The highest permanent settlements are the Buddhist villages of immigrants from Zanskar. The last of these, Jusen (Huseni), was as far as our porters were prepared to venture from their own territory. So again we engaged in protracted negotiations, this time for the hire of two donkeys, the only form of transport available. Here also, we were interviewed by two immaculately uniformed police officers who appeared quite out of place in this remote region. The apparent explanation for their presence is the existence of a valuable sapphire mine in the area.

Now that we were on the south side of the Himalayas, the climate was much wetter and showers were frequent. Cedar forests and picturesque Hindu villages built from their timber appeared in the valley. These villages were less attractive on closer acquaintance. The track through each village seemed to be used as a



Libby Smith rests below prayer flags on the Umasi La

public tollet, so we hurried through without pausing. In this fertile region, one of the most common species of weed is that well-known hemp plant. Each evening we reluctantly crushed several flourishing specimens as we pitched the tent. Continuing down the Pardar valley to its confluence with the Chenab, we came to the thriving town of Atholi. Although still

a day and a half from the nearest road at Galhar, Atholi is a major provincial centre with government offices and schools. We were greeted by each school child with 'What is the time by your watch' -obviously page one of the local English textbook. Atholi is served by a transport system of horse trains each comprising 15-20 pack horses, bringing supplies from Galhar. About five kilometres beyond Atholi, and high above the river, is a hot spring or tatopani, described enthusiastically by the local schoolteacher as 'the very finest health resort'. It is actually a slimy rock pool, definitely not worth the detour.

At Atholi we left our trusty donkey man and joined a pack-horse train returning empty to Galhar. This final day and a half of walking is as hard as any on the whole trek. The horses travel very fast, and the track repeatedly climbs and descends by as much as 800 metres, following the river through rugged terrain. The road is presently being extended towards Atholi, but in this terrain the construction will probably take several years. The last few kilometres from Galhar to Kishtwar was by local truck, arriving in darkness at 9 pm. Kishtwar has the feeling of a frontier town and is rather lacking in modern amenities. The name of the no-star hotel we checked into is best (and has been) forgotten

We had arranged the luxury of a car to meet us, but as there was no sign of it we boarded the 6 am bus for Srinagar. These buses are exceedingly slow and uncomfortable, so we were extremely pleased when, after only two hours, we spotted. Mahommed coming from the other direction in his familiar cream Ambassador, and were able to complete the iourney to Srinagar in comfort. We

### Ladakh



John Middetton shares his gaze time between his passion for the sky paractimiting and aerobatics) and the Austrialisation but (vasiting and sky fourtill and sky paractimiting engineer and parallism (vasiting and sky fourtill an

# **Croajingolong Coast**

# Track Notes

Andrew Brookes describes Victoria's outstanding coastal walk

 CROAJINGOLONG NATIONAL PARK STRETCHES 100 kilometres along the East Gippsland coast, from Sydenham liels to the New South Wales border at Cape Howe. It extends inland for ten kilometres or so, to where cynics might note the vegetation becomes increasingly suitable for logging. The park covers an area of 86,000 hectares.

With vehicular access to the coast permitted at only three places, walkers can explore undsturbed rocky headlands, enjoy the solitude of secret bays and inlets, and follow beaches where the only other footprints belong to wild dogs patrolling the high-tide mark.

Point Hicks was the first land sighted on the east coast of Australia by the crew of the Endeavour in 1770. George Bass sheltered in Wingan Inlet for ten days in 1797; his stone anchor is still buried under the sand there.

articlor is Salt binied under file saint mere!

Over 60 Abbrightal middens along the shoreline, many damaged by wind and waves and in some cases by visitors, lend a pidgmant irritory to the solitude. The Kurnal ir for Gippsland Geoline of Fine Work 100 to about of the control of the control

authaeological wou. There have been about 40 shipwrecks along the coast. The crew of the Sydney Cove made the sound of the coast. The crew of the Sydney Cove made that share have a serviced off Rame Head in 1837 with the coast of seven invest. Britisy-seven flows were lost in the sinking of the Monumental City in 1835, in the sinking of the Monumental City in 1835, or the core of the nor Covern in 1942, both of Idao billiand. Observant walkers may find dentifiable debrist from more recent weeks, for example, the cray boat San Francisco weeked near Wingan in 1892, and the fittingless catalamara. Windsong wrecked at Petrel Point with the loss of three lives in 1984.

The varied coastal environments support a corresponding diversity of flora and fauna. Carrying a field guide or two adds interest to a trip—Mammal Tracks and Signs (B Triggs, 1984) would be a good choice.

When to visit Given that solitude is one of the main pleasures of coastal walking, to nominate a best time would be to give a kiss of death. The Christmas holiday period and Easter would be times to avoid, if possible, Wildflowers are at their best in spring and summer, as are the snakes. The weather is more suited to swimming in the warmer months, but walking along the beach or through the scrub is more pleasant in cooler weather. So take your pick. Rainfall does not vary a great deal from month to month, and temperatures are moderated by the coast, resulting in an average minimum of about 8 degrees in June and an average maximum of 21 degrees in January and February



She's recovered from the 'Snowy doldrums' (see cover of Wild no 28) and is pictured here striding out on Petrel Point. All photos Andrew Brookes

Maps. Algona has published a double-sided tribs. Old scale map of the park. This map has the most accurate track information and details some points where water can be found, but is currently out of print with no immediate plans of the property out of print with no immediate plans of the property of t

Special precautions. High tides and heavy seas can make sections of coast impassable The Victorian Tide Tables are obtainable from the Australian Government Publishing Service. 318 Little Bourke Street, Melbourne, Vic 3000. Cold winds and rain can sweep the beaches at any time of the year and suitable clothing should be carried. Crossing some estuaries may require packs to be fully waterproofed with plastic liner-bags. Very hot and dry conditions are possible in summer and sun protection is essential. It is wise to carry at least three litres of water a person in hot weather. Gaiters are also essential for protection against prickly coastal scrub and snakes, which are numerous in summer The Australian paralysis tick frequents the area. Its bite is sometimes fatal,



West of Point Hicks. Right, the 'Croajingolong Hilton', west of Wingan Inlet.

but full recovery usually follows removal of the offender. An engroped tick looks like a small blood blister. Ticks should be lifted out with sharppointed scissors or tweezers. Do not souezez the body of the lick, and be sure to get the whole tick in one piece including its mouthparts. I understand that it is a Croalingolong radiition to assist persons of the opposite sex inspect themselves for ticks. Mosquitoes are plentfull in summer, tents should be mosquito-proof. Ordinary tent-pegs may not hold in sand. Attach cord to your tent os sticks can be used instead of pegs. Sharks and undertows should be considered when swimming in the ocean.

Access. The Tamboon-Point Hicks (Cape Everard) road is a good gravel road from Cann River to the Thurra River camping ground. Toilets, fireplaces and water are available. Sites must be booked at Easter and over the Christmas holiday period. Similar conditions apply to the Wingan camping ground, which has the same basic facilities. The road to Wingan Inlet leaves the Princes Highway about 20 kilometres east of Cann River. The township of Mallacoota has extensive tourist facilities. It is reached by a sealed road from Genoa. Vehicles are permitted as far as Shipwreck Creek, where limited basic camping facilities are available. Walkers are permitted to camp elsewhere provided fire regulations are observed and rubbish carried out. Other roads in the park require four-wheel-drive or are closed to vehicles. National Parks offices are located at Cann River (telephone 051 58 6351) and Mallacoota (051 58 0263). The Ranger requests walkers to leave details of party and plans at one of the offices.

Trips. The following notes give details of the coast between Mallacoota Inlet and Clinton Rocks. Many different trips are possible, perhaps using a car shuttle or incorporating

some of the inland tracks. Those walking in this area should have sufficient experience to plan their own daily stages, estimate walking times and choose campsites. This is not the place for paint-by-numbers bushwalking. Only very experienced parties should plan to traverse untracked country inland; the scrub is very thick in parts, particularly since much of the area has been burnt in the last few years. Similarly, traversing the rocky headlands can be very slow and difficult, with no easy way of obtaining assistance in the event of an accident. When planning, allow plenty of time for beachcombing, side trips, swimming or unexpected delays. The following notes should be used in conjunction with the appropriate maps. Notes refer to travel from east to west except where indicated.

Shipwreck Creek to Benedore River
The route follows the old coast road, which
is closed to vehicles. Drinking water is
obtainable at Shipwreck Creek, at a small cove

## Track Notes

two kilometres further on and at Benedore River. The track is obvious when travelling in either direction. A side trip to Little Rame Head is possible, but to follow the rocky coastline instead of the track probably is not.

### Benedore River to Red River

Follow the beach west for about a kilometre to a small stream (water obtainable). The start of the inland track to Red River is marked by a ladder up the cliff behind the beach. At the Red River end the track is marked by steps to the beach just east of the estuary. A branch crosses Red River two kilometres or so inland. where fresh water can be obtained. Vehicles are not permitted beyond this point. An alternative to the track, for experienced walkers. is to follow the rocky coastline, crossing Sandpatch Point when cliffs are encountered.

Red River to Wingan From Red River, the coast is followed easily to Easby Creek (water obtainable). A track crosses Wingan Point, but the coastal rocks provide a more interesting route to Wingan Inlet. The track joins the inlet several hundred metres inland from the mouth, and this is a safer place to attempt a crossing than near the ocean, where at least one walker has been swept out to sea and nearly drowned. It may be possible to wade the inlet at low tide. Around low tide, I have found the channel near the track relatively easy to float across on an air mattress; alternatively, boat access could be organized prior to the trip, or the inlet avoided by taking the East Wingan Track, or by returning to Mallacoota. A track from the ocean beach to the Wingan camping ground is marked by a couple of posts, a kilometre west of the inlet

### Wingan to Thurra River

mouth

From Wingan, the beach can be followed west. At the end of the sand a track to Petrel Point is prominently signposted. At the other end of the beach the track becomes quite cryptic in the sand-dunes, the finish marked by a small sign which is easily missed by walkers coming the other way. (Coming from Petrel Point, look behind the westernmost boulders at the Bame Head end of the beach.) An alternative for experienced groups is to follow the coast round Rame Head (fresh water available in several places)-a much more difficult route. Continuing west, the beach is followed to Petrel Point. A few hundred metres before the end of the beach, water can be obtained from the Elusive Lake outlet, which soaks into the sand behind the first row of dunes. Follow the rocks (several soaks and small creeks) round to the next beach. (Look out for the driftwood hut, complete with whimsical balcony.) A kilometre or so along the next beach, water is available where the Gale Hill Track (closed to vehicles) joins the beach. This track is well marked inland, but neither the track nor the water can be seen from the beach. The route to Thurra River follows the beach. Both the Mueller River and Thurra River estuaries could be easily waded at the time of writing (late 1987). Water is available at the end of the Camp Creek estuary, and from the Thurra

### River upstream from the bridge Thurra River to Clinton Rocks

From Thurra River the road can be followed to the Point Hicks lighthouse reserve. Vehicle tracks within the reserve cross the point and a pad leads down to the end of the beach (fresh water available from a creek). Alternatively, the rocks can be followed round the coast, or a route found from the camping ground across the giant sand-dunes. The beach is followed to Clinton Bocks. Drinking water may be available at Clinton Rocks from a brackish soak. The Clinton Rocks track (closed to vehicles) cannot be seen from the beach; it begins about 300 metres east of the first rocks. Better water is available from either of two creeks about a kilometre west of the rocks. This would be a suitable place for a base camp to explore the coast further west. A trip right through to the Pearl Point road (outside the park) is possible, but the last section of coast is less interesting,



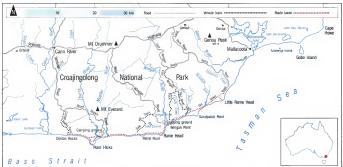
has neither water nor escape routes and Tamboon and Sydenham Inlets may not be easily crossed if the sand-bars have washed out

### East of Mallacoota

Mallacoota Inlet is crossable only by boat: the area is extensive enough to warrant a separate set of notes, so has not been considered here.w

ndrew Brookes (see Contributors in Wild no 13) has been shwalking and ski touring for many years. One of Wild's most gular contributors, he is a lecturer in outdoor pursuits.

### Croajingolong







The ins and outs of wild-water travel: practical tips from Yvonne McLaughlin

 WHY DO PEOPLE WANT TO PADDLE through wild, inhospitable country on unpredictable rivers? Why do they seek places where few, if any, people have been before?

Some want to see how Australia looked before the arrival of white settlers. Others see an attraction in being completely cut off from civilization and having to rely on their own resources.

Good paddlers may want the challenge of an unknown river with exciting new rapids, more difficult than they have previously experienced. For them, the paddling is the most important part of the trip. Others may be looking for the total wilderness experience, the paddling being the means by which to travel through the area, the primary consideration. Such people often want leisurely paddling, with some easy rapids to add fun to the trip.

Wilderness trips can satisfy many needs and are often long remembered. regardless of the venue. Not all wilderness trips take place a long way from civilization. Some may be quite close to major population centres, with difficulties of access or terrain putting them in the

Near left, lunch break on the Macleay River, New South Wales. Far left, less sedate activity on the Nymbolda River, NSW. All photos McLaughlin

"wilderness trip category. An example is a relatively short distance from Sydney. You don't have to be an expert paddler or a seasoned "bushie" to undertake a seasoned "bushie" to undertake a wilderness paddling trip. The basic formula for a successful and safe experience is thorough preparation—from selecting the venue to deciding the food you will take.

When choosing a venue the first consideration is often the degree of difficulty of the paddling. Other necessary research and preparation can then follow. If the chosen river has been paddled before, information may be documented in a canoeing guide. Or it may be possible to contact people who have made the trip and gain firsthand information on how to the contact people who have made the trip and gain firsthand information on how to research has already been done, making preparation is easier.

If there is any uncertainty as to how difficult the paddling will be the gradient of the river should be studied. As a general guide, the canceable sections of most white-water rivers have a drop of between four and twelve metres a kilometre gradient of less than four metres a kilometre usually indicates grade-flow standard—moving water with some small rapids. A gradient of more than ten metres a kilometre usually indicates grade-flow continuous than the metres a kilometre usually indicates grade-flow standard or higher—very difficult rapids, often for extended stretches.

Occasionally you find exceptions to these general rules. An example is Victoria's Wonnangatta River, where the gradient is five metres a kilometre, indicating some interesting grade-two and grade-three rapids. In fact, this section has almost continuous pebble races. Further downstream, where the river becomes the Mitchell, the gradient is three metres a kilometre. This section has some gograde-three rapids interspersed with long flat pools. In this case, the section with the lowest gradient has the more interesting white water, the reverse of what would normall be exceeded.

A study of a relevant map will often reveal whether height is lost in a few large waterfalls or over the length of the river. A map with a scale of 1:25,000 will usually give this information as well as other valuable facts relating to the topography of the area. If a 1:25,000 scale map is unavailable, a 1:100,000 scale map will be helpful but, of course, less detailed.

The person organizing the trip, who for better or worse is usually dubbed 'trip leader', should make sure that group members have sufficient skill and experience for the trip and are compatible. Often, members of a group will have complementary skills. It is unlikely that one person will be good at everything-have yet to meet such a paragon. Better paddlers will be able to advise and assist weaker ones; the skills of experienced 'bushies' will be particularly useful in camp and on extended trips; a rockclimber's knowledge and skill with ropes will be useful on difficult portages.



Many hands make light work—on the Franklin River, Tasmania **Right**, It's all got to fit into that kayak—on the Macdonald River, NSW.

Other attributes can help make a trip a success—a good sense of humour, sittle at camp cooking, an ability to defuse a difficult situation or motivate the group when enthusiasm flags, as on the tenth day of pouring rain or 40° heat. Once a section of river and a time have

been decided, then the real preparation can begin.

Checking access to the river is very important in determining both how much time to allow for the car shuttle and how much physical effort will be required to reach the water's edge. Sometimes it is necessary to approach a river by one of its tributaries-for example, the Franklin River (Tasmania) is usually reached by the Collingwood River. On some trips a car can reach the water's edge-it is possible to drive right to the edge of the Darling River (NSW) in many places. To reach others, such as Queensland's Mitchell River, a four-wheel-drive vehicle may be necessary. Access can require a fair amount of physical effort. It takes about three hours to get boats and gear down the steep sides of a gorge to the edge of the Shoalhaven River at Sewells Point, in New South Wales. At Blencoe Falls on the Herbert River, in Queensland, the usual approach to the water involves roping boats and gear down cliffs.

At this stage most paddlers practise their skills and try to improve their level of fitness so they will be ready for the trip. Doing this also prepares them psychologically, and this is equally important. Wilderness trips require groups and, to a degree, individual participants to be self reliant. Bad weather, difficult portages, mishaps such as breaking a paddle, losing a camera, or getting food and fibreglass resin mixed up (I've heard of this one happening many times) can be demoralizing. On long trips the sense of isolation can have a debilitating effect. Preparation, both physical psychological, can pay dividends later. It also enhances the feelings of achievement and personal satisfaction which follow the trip.

It is important that boats and equipment are in good order. Whether equipment has are in good order. Whether equipment has already seen use or is brand new, it must be adequate for the job. As the advertisements say, 'your life could depend on it.' A boat, paddle, buoyancy vest and appropriate footwear are researted. Depending on the venue, hard hats, spray covers, wet suits and vindproof/waterproof jackets may need to be added. In addition to the usual things required for indivision to the usual things of the produced for indivincent camening in remote required for indivincent camening in remote



portaging is expected—for example on rivers like the Franklin in Tasmania or the upper Shoalhaven in New South Wales. A rope has many other uses. It can be used as a clothes line, for rescue purposes and for lying boats up at night so they don't drift away if the river rises. For obvious reasons, it is useful to take pre-stretched non-absorbent ropes.

On white-water trips it is useful to carry a spare, collapsible layak paddle for every two kayakers and a spare Canadian paddle for every double cance On flat-water trips fewer spares need be carried. Of course, on some trips no new lith break or lose a paddle, but on others even the spares may run out. On long white-water trips paddlers should carry a full boater cepair kit for every two or three fibreglass kayaks. A standard repair kit consists of

should ensure they have a good supply. Contact-lens wearers should take plenty of cleaning solution and spare spectacles. It is important that several members of the group have a sound knowledge of first aid. Knowledge of cardiopulmonary resuscitation (CPR) is important as well as knowing how to treat snake bites and how to dislodge ticks and teeches.

Packing all this equipment into a boat and keeping it dry can be the biggest challenge of the trip. There are various waterproof bags and barrels on the market and these are generally very good value. A cheaper alternative is to use three upwards of heavy-duty garbage bags, one inside the other, with a firmer bag such as hessian, which can stand some wear and tear, on the outside. A good supply of garbage bags and elastic bands is



areas, each party should also take a full boat repair kit, spare paddles and ropes.

The weight and volume of equipment can be reduced by the use of lightweight items and by sharing equipment where possible Tents and cooking utensils are easy to share and oten a food 'kitty' for the whole group can save space. Maps are usually required on a wilderness trip, although this depends on the venue. Some paddlers like to carry a map anyway so they can monitor progress. It is often useful to be a made to the work of the work

Sufficient food must be carried for the tip, plus some extra in case of emergencies. It can be difficult choosing interesting, untrificus food which is neither bulky nor heavy. Some experimentation at home beforehand would be worth while see "Food for Thought" in Wife no 22. A menu can often be supplemented with freshly caught fish, as most wilderness trivers are well stocked. On some rivers, such as the Darling, shrimps, yabbles and portagos if the properties of the properties of the properties.

It is difficult to assess the amount of rope which should be carried because this depends on the nature of the trip. However, three 20 metre lengths should meet the demands of a group of ten people where a fair amount of difficult

about half a litre of resin, catalyst, half a square metre of fibreglass mat, four metres of fibreglass tape, glasspaper or sandpaper, brush and acetone for cleaning up. A supply of cloth-backed tape is recommended for small, quick repairs. On shorter trips with few rocks or rapids a smaller repair kit will do. Although plastic boats are supposed to be indestructible, I know from my own experience that they can be torn and holed. Repairing plastic boats still demands trial and error. Plastic or clothbacked tape can be useful. For specific information as to how your boat can be repaired, talk to the boat retailer or manufacturer before the trip. All paddlers should know how to repair their boats and how to safely handle and pack the chemicals, particularly the catalyst,

The inclusion of a couple of first aid kits (carried in separate boats) is important when paddling in remote areas. Individual paddlers who take specific medication invaluable as they tear with use. Gear should be evenly distributed within the boat and firmly stowed or tied in. Patience and imagination are a great help when packing a boat and a practice pack prior to the trip can be quite an eve-opener. Paddlers have been known to tape packages to the front and back decks of their kayaks when unable to get all the gear into their boat.

Each trip is unique and different aspects of it will mean more to one person than another. But regardless of why you undertake a wilderness trip, prepare for it carefully and remember that these areas are special. Take out what you take in, leaving only footsteps in the sand as evidence of your trip, so that others who follow will enjoy the same beauty and experience their own wilderness adventure. We

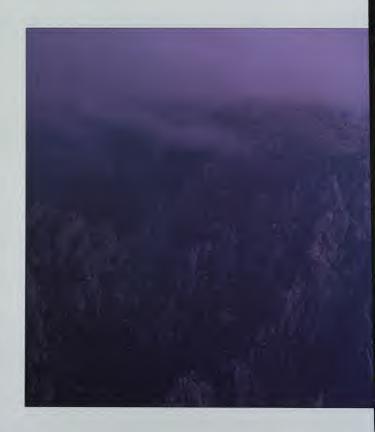
Yvonne McLaughlin (see Contributors in Wild no 7) is Wild's Contributing Editor for canceing. She has been padding for more than ten years and is an instructor with the Victorian Board of Canoe Education.





(b) iosos si Collis

Left, snow gums at Mt Erica and, above, Cobungra Gap, Victoria.



Philps Peak by moonlight, from Frenchmans Cap, Tasmania. Right, Mersey River, Tasmania.

# **Folio**



WILD JULY/AUG/SEPT 1988 61



# Wild Gear Survey

# Cross Country Skis

The right stuff for the white stuff, with Dave Jones

 THIS SKI SURVEY COVERS A REPRESENTATIVE range of skis for extended day trips over tracked and untracked terrain, or multi-day trips involving pack carrying. Sultable skis would normally be at least 47 millimetres wide and, ideally. have some side-cut.

All skis are designed for a specific job, from cracing to Telemarkino, A ski will dol is job with diminishing levels of success as you get further from 1st intended use. It is possible to ski the Black rurs at an alpine resort on a pair of racing skis, but a pair of purpose-designed Telemark skis will do it much better. It is also very important to remember that you must combine suitable boots and bindings with your chosen skis. A pair of low-cut shose with racing bindings will not work well on a pair of Telemark skis, nor will a pair of heavy leather touring boots and 75 millimetre bindings work well on a pair of lightwelpit skating skis.

For this survey I have divided the models represented into three broad and slightly overlapping categories, based upon their best

Day touring (D). Skis between 47 and about 50 millimetres at the waist, designed for skiing on tracked or untracked snow, with the skier wearing a day pack.

Touring (T). Skis greater than 49 millimetres wide at the waist and intended for pack-carrying on extended tours in 'normal' terrain. Touring skis should have some side cut and are usually very robust. They are well suited to the novice skier, being very stable and easy to ski on.

Heavy touring (HT). These are wide skis with metal edges, usually of off-set steel. Designed for skiing in steep, icy terrain, with or without a pack, these skis are suited to experienced skiers with good technique as they

are very unforgiving.

Skis for Telemarking or cross country downhill (XCD) are often confused with heavy touring skis, but are quite different, being constructed more like alpine skis. Telemarking skis are very heavy and strong with a soft. single camber and are designed with one job in mind, namely turning. They are not meant to be used for touring and would be very slow. You can easily identify a pair of Telemarking skis. They will have a smooth sole with no nattern and a pair held sole to sole will require very little effort to flatten with one hand. Heavy touring skis are much harder to flatten as they have a double camber for efficient gliding on flat terrain. Telemarking skis should be used with very strong 75 millimetre bindings, preferably a model with a safety release, and stiff cross country downhill boots

Before buying a pair of skis you need to think carefully about the kind of skiling you intend doing. Do you plan to use them on the groomed trails in resorts or on the Main Range and Mt Feathertop? It is silly to use heavy touring skis on prepared trails, or skis designed for day



'Technique is more important than equipment . . .'I Bill Bachman

touring on a five-day epic on the Main Range. Choose skis that were designed for the type of trip you plan. Are they to be your only pair of skis or your fifth? If these are to be your only pair of skis or your fifth? If these are to be your only pair and you wish to do a variety of skiing, it is best to stick to a general-purpose pair of touring skis. Should you be looking for your second, third or fourth pair, however, you should

be looking at the more specialized models.

When choosing the make and model you

should closely consider several variables. It is very important to remember that each of these parameters must be looked at as a part of the whole picture. If each is given due consideration, you should arrive at the best possible ski for your uses.

Width. A ski's width will tell you a lot about the purpose for which it was designed. Width will affect stability and flotation; the wider the ski, the more stable it is. It your technique is poor, go wider; when your balance and ability are good, you may be able to go narrower. Flotation is the ski's ability to 'float' on soft snow.

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# Wild Gear Survey



You gotta have sole! Glenn Tempest

The wider a ski, the higher it will stay in soft snow or the greater the weight it will bear. If you are heavy for your height or wish to carry a heavy load, choose a wider ski. If you ski in cut tracks, a narrower ski will be faster.

Side-cut, or waisting, is the variation in width of a ski measured at different points along its length. The three points chosen are the shovel (the wide point just back from the tip), waist (mid point) and tail. These widths are traditionally given in millimetres in the order: shovel, waist, tail, for example 59/52/56. If a ski is widest at the shovel and narrowest at the waist (hourglass shaped), it will turn and track relatively well in soft snow: when the ski is weighted and edged, only one curved edge is in contact with the snow, so the ski turns. When the ski is flat, there are two curves in opposite directions in contact with the snow which tend to keep it running straight. It is possible for skis to have too much side-cut, especially for an unskilled skier. If skis have too much side-cut, they will tend to turn a little as the skier's ankles wobble. This results in a tendency for the skis to move about under the skier's feet, making them feel unstable. Skis with straight sides are best used in prepared

Weight is an important consideration. The heavier a ski, the greater the effort required to move it around. Choose the lightest ski that will do the job, but be wary of a ski which is radically lighter than all the others in its class. It is probably much more fragile than its peers.

Construction has a major effect upon weight. Fortunately, modern skis are well made and most people would be hard pressed to tell what type of ski construction they were using.

The major constructions are: Foam sandwich. A very common construction which consists of a layer of synthetic foam in between two lavers of fibreolass. It is very easy to make and quite robust

Wood sandwich. Like foam sandwich except that laminated wood replaces the foam. This construction tends to have the best 'feel', but the side walls may need some maintenance to protect the core from water damage. Torsion box. Tends to be the strongest

construction, especially if the core is wood. Fibreglass is wrapped around the core material. Air core/honeycomb. An ultra-light and ultraexpensive construction, the core is composed mainly of air. These skis are fragile and must he treated with care

Stiffness refers to the ski's resistance to flattening. It is important that your skis' stiffness is correct for your weight. If they are too soft they will be slow and 'twitchy'. If they are too stiff you will have trouble with grip and turning. Select a happy medium.

Flex describes how the skis bend as the forces of skiing are applied. Unless you know what you're doing, bending skis in the shop is about as much use as kicking tyres on a used car. However, a useful bending routine for skis is to put the tail of one ski on a hard surface and then hold the shovel with your hand flat underneath it. Press down hard on the middle of the ski with your other hand while looking along one edge. The smoother the curve, the better the ski will turn. If it looks like three or four different curves fighting each other, it won't turn at all well. The next test is to hold the ski near the shovel with your hands one above the other. Counter-rotate your hands as though you were trying to wring the ski's neck. The greater the resistance to rotation, the better the ski's ability to carve turns. Another test is to put the ski's tail on the floor and steadily push down on the ski's upper surface. Watch the tail bend as you do this. If the tail is stiff and bends over a long, even radius, the ski will probably turn well. If, however, the tail bends easily and 'hinges' over a tight radius, it means the ski will tend to turn erratically as the tail suddenly bends and effectively shortens the ski. The resistance of the ski tip to upward bending will tell you something about its ability to stay in a track. If the tip is soft, it was probably designed for track work, as a soft tip resists the ski's natural desire to climb out of a track. It also helps if the tip curves up steeply. A stiff tip will tend to climb over anything it hits, which will help when skiing untracked terrain. A soft, wide tip will help a ski to float in deep, soft powderonly a minor worry in Australian crud! These help give an idea of how well a ski will perform, but until you actually use it, you will not know for certain

Length should be chosen according to intended use. For general-purpose skis, the old method of measuring from the floor to the raised wrist applies. If the skis are for skating, they should probably be about ten centimetres shorter. Telemarking skis should be selected according to the radius of turn you wish to make: short skis for short radius, long skis for long, fast turns. Heavy people should choose slightly longer skis; light people, shorter ones.

Metal edges. There is a school of thought which believes everyone needs metal edges. I certainly do not subscribe to that view. Metal edges are very good on steep, icy traverses, if you have good edge control. The rest of the time, they can be a handicap. Edges will make your skis heavier and more exhausting, stiffer and less forgiving, much less grippy on hard snow, self-destructive (look at a pair of oneseason-old metal-edged skis some time) and they can cause a ski to bend permanently (especially aluminium edges). If you spend lots of time on steep, icy slopes, buy metal-edged skis. If not, leave them alone

One manufacturer, Karhu, is making a model with half-length steel edges in an attempt to avoid some of the disadvantages of metal edges. Time will tell whether this company is successful.

If you have metal edges and they are made of steel, make sure you look after them properly. They should be kept sharp and free of rust. You should also 'detune' them at the extreme ends of the skis-ask the staff in a specialist shop how to go about his.

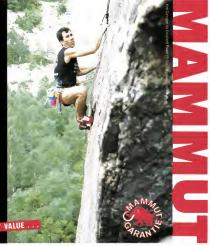
Bases. There are many different types of waxless bases used on cross country skis. Each is claimed to be the best thing since the Therm-a-Rest! Basically, if a base or sole has been around for a while, it probably works. The cafect hete are the natterned soles from the

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# Wild Gear Survey

major manufacturers. Some ski soles are made of a sintered or hardened plastic material. These soles last longer than unsintered ones, but most people would not notice the difference. If your skis get a lot of use on hard or dirty snow, sintered bases may be worth while. All patterned soles make some noise on hard

Snow.

Breakage guarantee. Some skis come with a guarantee against breakage for either one or two years. When you buy a pair, check what the guarantee covers and what you may have to do to register your purchase. Most breakage guarantees will cover breakage caused by a manufacturing fault but not negligence or stupidity. If you back over the skis in the carpark, that's your problem.

Cosmetics should never be used as a major selection criterion. If all else is equal, however, go ahead and buy the skis that match your eyes or your new ski outfit. If you want your skis to look good for as long as possible, a top sheet

made of ABS will be fairly tough. Polyethylene is probably the strongest material used on ski tops, but it doesn't usually look as good as the slick, glossy, 'go faster' cosmetics.

Subjigos, bit hasef Code you have decided that you like cross country sking and want to like cross country sking and want to like cross country sking and want to money away every lives you live in the subjinement for your own use. Hiring is good if you have a child who skis coacsionally and no not be pass gear on to. It is also a good lead for adults who only sid coacsionally. One fallacy is that hiring lots of different skis early in your skiing career will be legal you find the fall ship will be careed the legal pour sking career will cannot glot ket delical equipment. The problem is that until you have done a lot of skiing, you cannot glot ket delicences between models or, more importantly, how these differences relate to you. You will be very easily swayed by the

snow conditions and the weather.

Maintenance. All soles require some maintenance. You should wax the tips and tails for alide before each trip to ensure smooth,

effortiess skiing. The patterned area should be cleaned from time to time to get rid of accumulated gunk, and then sprayed lightly with slicton. It is also a good die at cheek your binding screws with a screwdriver occasionally if you own metal-deged skis or just like to keep your skis tooking good, you can cover the tops with a plastic film. You can use either a many than the purpose-made films tend to do a better job, especially on metal-deged skis.

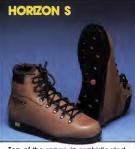
Finally, don't think that buying a new pair of super duper skis will make you ski better. It worlt. Only lots of experience, practice and a few lessons will improve your skiing. Technique is more important than equipment. And remember, skis cannot work properly unless they are matched to appropriate boots and

bindings.W

Dave Jones (see Contributors in Wild no 6) has worked in specialist outdoor shops for many years. His knowledge (and collection!) of outdoor gear is renowned.

### Wild Gear Survey Cross Country Skis

	Intended use	Weight of 210 cm pair, grams	Width at shovel/waist/ tail, millimetres	Lengths available, centimetres	Construction	8reakage guarantee	Sintered sole	Edges	Wax sole available	Approx price
Asnes Norway										
LT 48 QS	0	1,700	52/48/50	195-215 (5 cm increments)	Foam box	No	No	No	Yes	\$141
Marka QS	0/T	2,000	56/49/52	180, 190-215	Wood sandwich	No	No	No	Yes	\$145
Skiathiom wax	D/T	2,000	56/49/53	195-215	As above	No	Yes	Steel	Yes	\$366
Skarven QS	T	2,200	63/54/58	180, 190-215	As above	No	No	No	Yes	\$174
Sondre Telemark	HT	2,400	63/54/58	As above	As above	No	No	Steel	Yes	\$317
Fischer Aust	ria									
Super Light Crown	0	1,350	47.5/47.5/47.5	180, 190-215	Air core	No	Yes	No	No	\$255
Fibre Crown	0	1,650	51/49/50	As above	Wood sandwich	No	Yers	No	Yes	\$190
Touring Crown	D/T	1,500	59/50/54	As above	Air core	No	Yes	No	No	\$315
Ultra Tour Crown	0	1,350	59/50/54	190-215	As above	No	Yes	No	No	\$365
Country Crown	T	2,000	59/50/57	180, 190-215	Wood sandwich	No	Yes	No	No	\$225
Europa 99 Crown	HT	2,300	65/55/60	190-215	As above	No	Yes	Steel	Yes	\$399
Jarvinen Fin	iand									
Polar 48	0	1,850	48/48/48	180, 190-215	Wood sandwich	No	No	No	No	\$115
Polar 52	0	1,750	52/52/52	As above	As above	No	No	No	No	\$115
Viking	Т	1,800	58/49/54	190-215	As above	No	Yes	No	No	\$165
318	D/T	1,650	55/50/52	180, 190-215	As above	No	Yes	No	No	\$155
Karhu Canada										
Classic	0	2.050	52/52/52	180. 190-215	Foam sandwich	Vies	No	No	Yes	\$140
Gazetle Kinetic	D/T	1.650	54/49/52	190-210	As above	Yes	No	No	No	\$265
Kodlak Kinetic	T/HT	2,200	60/52/57	180, 190-215	As above	Yes	No	Half, Steel	Yes	\$299
XCO Kinetic	HT	2,300	62/54/59	As above	As above	Yes	No	Steel	Yes	\$346
Knelssi Aust	ria									
Magic HC 52	0	1.800	52/48/50	180. 190-215	Foam sandwich	No	No	No	No	\$157
Magic HC 59	T	1,900	59/49/55	As above	As above	No	No	No	No	\$165
Landsem N	nnway									
1000 Glissade	T	2,000	62/53/57	180, 190-215	Wood bax	Yes	No	No	No	\$271
Rossignol	France									
Running AR	0	1,700	51/47/49	180.190-215	Foam sandwich	No	No	No	No	\$140
US49 AR	T	1,900	59/49/54	As above	As above	No	No	No	Yes	\$184
TMS AR	нт	2,400	64/55/58	180, 190, 205, 210, 215	As above	No	No	Steel	No	\$298
Trak Austria										
Souteld	0	1,900	50/47/49	180. 190-215	Foam sandwich	No	No	No	No	\$184
Corvara	0	1,800	52/49/51	As above	As above	No	No	No	No	\$165
Sportive Rental	D/T	2,050	55/50/52	As above	As above	No	No	No	No	\$154
Nordic Tour	T	2,050	55/52/54	180,190,200,210	As above	No	No	Aluminium	No	\$284
Tua/Chouln	and lay									
Tout Terrain wax	HT	2,750	65/55/58	190,200,205,210	Honeycomb/wood sandwich	No	No	Steel	Yes	\$475



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# **Bush Guidebooks**

Reviews

Excellent new track notes



Superb relief collage by Jeannie Baker, repro-duced from Where the Forest Meets the Sea.

Where the Forest Meets the Sea by Jeannie Baker (Julia MacRae Books, 1987, RRP \$14.95).

Although written for five- to eight-year-olds, few people, children or adults, could read this important book without feeling deep concern for the future of the remaining 120,000 hectares of the Daintree rainforcet

A young boy shares a beautiful experience with his father where the wet tropical rainforest meets the sea on the Great Barrier Reef, a remote and undisturbed part of the forest, accessible only by boat. Through the young boy's enjoyment and appreciation of the significance of this unique and ancient place, we are reminded of the importance of preserving such areas, where close encounters ith the natural world are possible.

The story is superbly illustrated with reproductions of intricate relief collages constructed, by the author, from a variety of interesting materials. In several cases these illustrations cover double-page spreads, the final one skilfully superimposing a 'civilization'—roads. cars, swimming pool, high-rise hotels-on the forest, and leaving the reader with the child's question, 'But

will the forest still be here when we come back?" Everyone, young and old, should read, or have read to them, this book. The answer to the question posed is in our hands.

Sue Baxter

Bushwalking in Australia by John and Monica Chapman (Lonely Planet, 1988, RRP \$12.95).

Well known to bushwalkers in general and Wild readers in particular, John and Monica Chapman (see their article in this issue), are two of Australia's most travelled bushwalkers and most widely-read track note writers. Based in the same Melbourne suburb as Wild, Lonely Planet is internationally renowned for its outstanding travel guides. This combination of authors and publisher might be expected to 'deliver the goods' with the publication of the first major collection of track notes to Australia's best bushwalks-and it has

Published to the very successful and well known Lonely Planet formula, Bushwalking in Australia is a thorough, comprehensive and extremely workmanlike publication. Designed as a working reference rather than a coffee-table publication, it is likely to do the job well. The information appears to be accurate. Certainly, it is well arranged and the introductory material is particularly helpful. Whilst it is written very much with the overseas visitor in mind, it will be found equally valuable to Australian walkers. There is an unusually large amount of useful information, references and addresses which seem to be up to date, relevant and accurate. A table of the 23 walks described provides an excellent summary of their characteristics. For 'how to do it' instruction, the introductory material is bettered by only a few specialist instructional texts.

Throughout, the emphasis is on the practical. Clear, detailed and professional-looking maps supplement each walk description. The route descriptions are in a style similar to those published in Wild, with an equal amount of detail. Aesthetics are not neglected, however, and the text is generously supplemented with good colour photos and a sprinkling of whimsical line-drawings.

If you plan to go bushwalking other than in your own State for a change, and want to pick the eves out of the other States, then a good place to start is with Bushwalking in Australia

Chris Rayter

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made our Zanskar trip outstanding."
Stephanie Roberts, Tenna Zanskar.

"My husband and I felt the trek was a wonderful experience and an extremely rewarding challenge. We had complete confidence at all times in our trekking crew who tirelessly cared for us through this grand trek." Ann Connors, Himalayan Traverse. "I had an absolutely wonderful time!
The holiday exceeded all
my expectations the trekking crew,
down to the last ponyman,
went out of their way to make life
comfortable."

Caroline Masters, Kashmint-Lodakh Panorar

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### Car Touring & Bush Walking in East Gippsland by Grant Da Costa (Australian Conservation Foundation, 1988, RRP \$16.95).

East Capaciand is extensively attackeely produced and comprehensive—which is evident almost as soon as you pick up a copy. Entirely produced in Australia, it is evid designed and crispy printed on good paper. The colour photos (mostly by the author) are distributed throughout the text and are uncommonly attractive and well reproduced. The unmerrous maps are consistently drawn and numerous maps are consistently drawn and a bit of setting used to, but it's nothing it not comprehensive. For the purposes of this block. East Gippsland describes that part of Victor's lying east of the Snowy, Pilks.

Five chapters describe car tours and nine describe walks, each chapter covering different regions. The walks described are generally of one or two days' dutain and cover some of the most attractive country in the State, including the Little Merc Gorge, the Firmundra's Plateau and the Craajingolong National Park (see the Track Notes in his issue). The descriptions are brite, but appear adequate and well researched. Certainly, East in his issue, The descriptions are brite, but appear adequate and well researched. Certainly, East is still relatively unknown to bushwalkers—East Gippsfand provides an excellent opportunity to redress that.

CB

### Cattlemen & Huts of the High Plains by Harry Stephenson (Viking O'Neil, facsimile paperback edition 1988, RRP \$19,95).

Harry Stephenson's eclectic and anecdotal celebration of early European life in the Australian Alpa is highly prized by both rural and suburban bushmer alike. The book, and the home-gown bush publication of its earlier editions (see review in Wild no 1), reflects in both form and content the ord, carrier to the suburban publication of the search of the suburban publication of the search of the suburban publication of the search of the suburban publication.

Huts and history are the focal points of



bushwalking and ski touring for some people. Cattlemen is so crammed with ideas for trips to forgotten corners of the high country that Stephenson could well have written it with such people in mind.

This edition makes hours of good reading available to those who missed earlier editions. Michael Collie

### New South Wales Rainforests: The Nomination for the World Heritage List by Paul Adam (NSW National Parks & Wildlife Service, 1987, RRP \$19.95).

One of the many benefits of World Heritage listing is the amount of research which goes into a nomination. Until nomination, information on the rainforests of New South Wales was scattered through a welter of obscure publications. Now it has been brought together in a publication covering just

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about anything you may want to know about these forests: location, cultural history, ecology, scenic value and why they are considered of such international importance. For anyone visiting the New South Wales rainforests, this book will add immeasurably to their understanding and appreciation.

Stephen Garnett

100 Walks in New South Wales by Tyrone Thomas (Hill of Content, third edition 1988, RRP \$12.95).

Tyrone Thomas's book of track notes on walks in New South Wales was last subjected to significant revision in 1983. The walks described cover many of the more popular walking areas in the State, with emphasis on easy walks suitable for novices

Having purchased a copy of the first edition of this book early in my bushwalking career. I was interested to see what changes had been made. I found that several walk suggestions had been removed from the book and replaced. Trips near the Newnes and Macleav gorges have been deleted and Lord Howe Island, Sydney Harbour and Mt Warning are now covered. The sole-destroying bash along the Narrow Neck Road, south of Katoomba, has also been deleted from the 'top of the pops'

The maps are now located near their respective walk descriptions, making the book easier to use. An attempt has been made to make the maps easier to read by highlighting routes in white against a dark grey background, but this approach doesn't succeed. Likewise, the attempt to break up the text with Thomas's amateurish drawings fails, particularly as they seldom bear any relation to the text.

The route descriptions are accurate and point out the navigational pitfalls which may create problems for the inexperienced. Unfortunately, the book refers to a number of cairns and markers which in the interests of wilderness preservation, have since

From a botanist's viewpoint. I think Thomas should stick to describing the track; I have yet to find rainforest in Glenbrook Creek proper. Perhaps he should seek outside advice when next revising the hook

I also believe he should further emphasize the need for walkers to protect the areas they visit. He doesn't mention the ban on campfires in Royal National Park nor that camping is no longer permitted in the catchments of the glacial lakes of Kosciusko National Park.

Despite these problems, I feel that the book is a valuable guide for beginners and for those unfamiliar with the areas covered. Thomas should also be commended for avoiding the description of walks in remote areas not presently covered by track notes. I recommend this book to those new to bushwalking in New South Wales, with the proviso that they ignore the information on footwear and wear sandshoes

Roger Lembit

Save the Birds by Anthony Diamond, Rudolf Schreiber, David Attenborough, Ian Prestt (Royal Society for the Protection of Birds/Cambridge University Press, 1987, RRP \$30)

The cover is glossy and the format large but, for once, that does not imply the contents are not worth reading. This is an important book, recommended to anyone interested in a global perspective of conservation. Birds are a conservation flagship for the rest of the natural world. Colourful, endearing and frighteningly vulnerable to pollution, the fate of birds reflects the fate of us all,

The book is arranged by habitat-a review of present trends, then vignettes of how selected bird Reviews

species are responding to the changes. Some do very nicely. It is too easy to be blase about the brilliance of our rosellas because they remain abundant despite our agriculture. Many species. however, are less adaptable and nothing in their evolutionary history has prepared them for pesticides, shotguns or forests lacking trees over 50 years old Of all the causes of avian decline, habitat destruction is the most important, and from the pictures included in this book-and they are brilliant, evocative pictures-Australia is fortunate indeed to have so much protected under World Heritage legislation.

Harder than Everest A one-hour documentary film by Tim Macartney-Snape (VHS or Beta video, Film Australia, 1988, RRP \$49,95).

The significance and proportions of mountaineering achievements are not easily shared cr comprehended by non-mountaineers. Mountaineering literature and films are the closest most of us will get to a Himalayan summit.

Harder than Everest is a documentary account of the first ascent of the North-west Ridge of Gasherbrum IV by Greg Child, Tom Hall-Hargis and Tim Macartney-Snape (see Wild no 22). Inevitably, filming was a low priority during the difficult climbing and during moments of greatest risk and stresswhen survival is a preoccupation. Because of its casual, rambling nature and lack of dramatic footage. this film is unlikely to entertain either the initiated or the masses.

MC

The Alps in Flower by I R McCann (Victorian National Parks Association, 1987, RRP \$9.95).

The smell hit me first. A great draft of sweetness wandering across the alps, slipping between the tussocks, tickling the tips of the daisies. I traced it eventually, having exhausted my nose's ability to smell, to a tiny patch of pink lilies nestling into the hanks of a soak. At last I know their names-sky lilies, a charming flower we share with the alps of New Zealand.

I found its name in a delightful book by lan McCann, brought out by the Victorian National Parks Association and simply showing photographs of just about every Australian alpine flower. Only 64 pages long, with four photographs a page, it slips easily into a back pocket-well worth lugging to the mountain tops. Sadly, some of the previously widespread flowers can be seen only in the Mt Kosciusko region. The cows have eaten most of them in Victoria.

SG

Where to Find Birds in Australia by John Bransbury (Century Hutchinson, 1987, RRP \$35).

Birds are a flagship for the natural environment. The best places to find Australia's native birds are where the environment is least disturbed, so a quide to good bird-watching sites is also a guide to attractive countryside. Of course, much of the book lists birds likely to be found in the areas described, but there is also much information on how to get there, where to obtain permits (if necessary) and the facilities available. A useful companion for bird watchers, it should also help others in their travels.

SG

Other Title Received

Free: The End of the Human Condition by Jeremy Griffith (Centre for Humanity's Adulthood, 1988, RRP \$12).

Publications for possible review are welcome. Send them to the Editor Wild, PO Box 415, Prahran, Victoria 3181

# At-5°celsius, everything in this wet sleeping bag froze, except the occupant.



One of the problems with down-filled sleeping bags is that although they can easily be shaken down to vary the temperature, they lose their insulation once they get wet.

But Roman Wilderness 4 Seasons sleeping bags are filled with a new product that can be re-distributed like down, yet still retains warmth and insulation in wet, cold conditions.

It's called Dacron® Comforel® and it consists of thousands of tiny, lightweight fluffy balls that act very much like down, while being non-allergenic, washable, quick-drying and highly compactable.

In fact when we tested the bags wet, at -5° celsius, the occupant was warm, comfortable and slept well despite the fact that excess water on the outer shell of the bag had completely frozen.

Roman Wilderness 4 Seasons sleeping bags. All these advantages but at a lower price than either feather or down.

MODEL & TEMPERATURE RATING	SIZE EXC.	FILLING	STUF SAC	STUF SAC	
ROMAN WILDERNESS 4 SEASONS	HOOD CM.	WEIGHT	SIZE CMS	CAPACITY	
-5° €	75 x 191	750 gms	18 x 36	9.2 litres	
-5° C WITH HOOD	75 x 191	750 gms	18 x 36	9.2 litres	
-5° C WITH HOOD LARGE	85 x 215	975 gms	22 × 38	14.5 litres	
-10° C WITH HOOD LONG	75 x 205	1000 gms	19 x 37	11.0 litres	
−10° C	75 x 191	1000 gms	19 × 37	11.0 litres	
-10° C WITH HOOD	75 x 191	1000 gms	19 x 37	11.0 litres	
-10° C WITH HOOD LARGE	85 × 215	1300 gms	22 x 38	14.5 litres	

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# **Bivvy Bags**

Gear you can really get in to

**Equipment** 

. In the Bag. There comes a time in the life of many an outdoor adventurer, long accustomed to carrying a tent on every overnight trip (and to leaving it behind if out for just one day), when the question 'Tent or no tent?' requires a third answer. On a day's outing in winter, the weight of a tent usually prohibits its inclusion in the pack, while to travel without any form of portable shelter can be risky, especially for a large party. Longer winter trips may involve extended periods in snow caves, igloos or tents, all damp and humid environments; sleeping bags can lose loft and effectiveness after even one night's exposure to floors and walls damp from condensation or thaw. At other times of the year, whether on a short foray into the high country or enjoying a lightweight ramble in the lowlands, shelter is essential, yet a tent may be inappropriate.

A convenient alternative and a sensible supplement to more traditional forms of accommodation is a bivvy bag, an envelope of waterproof fabric big enough for one person in a sleeping bag-and usually not much more. On its own, a bivvy bag won't keep out the worst weather, particularly rain, for very long. A simpler and cheaper alternative, which is quite adequate in some cases, is a fly sheet which can be rigged between trees to keep off showers. Another option worth considering in winter-if you own a tent whose outer skin can be pitched without the inner-is to carry bivvy bags instead of the inner tent. In this way, good cover is available at all times and there is little unnecessary weight to carry if snow shelters are used. In addition, the outer skins of some free-standing tents will accommodate three people in bivvy bags, while the inner tent has room for only two.

There are times when a bivvy bag, a snow shovel and a sound knowledge of the

Bivv	y Bag	S		
	Measured weight, grams	Measured size, length x width at entrance x width at loot, continuetres	Entrance zip(s), number + number of shiders	Approx price
Fairy	down New	Zealand		
	390	232 x 85 x 67	-	\$11
J&H	Australia			
	550	238 x 83 x 39	2 + 2	\$25
Kathr	nandu %	rw Zealand		
	550	205 x 90 x 42	1 + 1	\$18
Маср	ac New Zeal	and		
Cocoon	460	210 x 80 x 40	1 + 1	\$23
Mont	-Bell Japan			
	450	220 x 83 x 33	-	\$25
Mour	tain De	elone Judgio		

200 x 85 x 45

230 x 100 x 86

205 x 72 x 55

235 x 70 x 50

Wilderness Equipment /ustrale

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Paddy Pailin Astala

950

Not your average bivvy bag! David Noble construction of snow shelters are all that are needed to ensure a safe and comfortable abode in the snow. However, the success of such a



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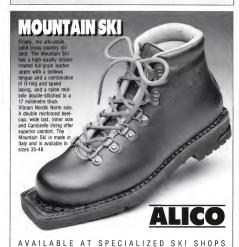
supple, close-fitting, fast-drying and odour-free. Stay dry no matter how

hard you work. Stay warm no matter how cold the weather. Brynje Thermo-Mesh, the 'thinking thermal' with the perfect fit.



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sistently found on the higher ranges elsewhere in the world. Consequently, bivvy bags are most often relied upon to keep out the elements when skling or mountaineering on those higher ranges

Not all bivvy bags are created equal; significant variations are possible in several aspects of their design. If you seriously hope to keep out snow-and even rain-while remaining dry inside, you should consider the way the entrance to the bag is closed. A common method is to use two zippers; one to close the outer layer of the bag completely and the other to close a panel of insect-proof netting linking the outer layer each side of the opening but allowing some ventilation. In some bags, these zippers are operated with one slider; others use two. In either instance, to avoid asphyxiation and minimize condensation within the bag, a small aperture can be left through which to breathe. With two sliders, this aperture can be positioned anywhere along the length of the zipper; with one slider, it is limited to one end. The Kathmandu and Macpac bags use a single zipper to close the panel of netting; on the former, a draw-cord closes the bag. The Mont-Bell and Fairydown bags are described as sleeping bag covers and have neither zippers nor insect-proof netting. The Mont-Bell closes with a draw-cord in much the same way as most sleeping bags. The Fairydown has a flap of nvlon material, not unlike a pillow case, which can be secured by several touch-tape tabs. The Wilderness Equipment Dart has a third zipper, extending 100 centimetres down one side, greatly increasing the size of the entrance to the bag. The Wilderness Equipment Bivi Sac has a single zipper around the perimeter, extending a short distance down one side and about half-way down the other, giving a similarly large entrance. Some zippers are protected

All but one of the bags included in the table have a top surface of three-layer Gore-Tex, ranging from a very light ripstop laminate with furry yellow backing to a more substantial Taslan with tricot backing, akin to the fabric used in Gore-Tex rainwear. The exception is the Fairydown sleeping bag cover which has a top panel of nylon Entrant. It is common practice to economize on the base of the bag by using a coated nylon material instead of Gore-Tex, since the ability of the fabric to transmit water vapour is limited by the ground, or the snow, or the insulating mat beneath. Some manufacturers offer bags made entirely from Gore-Tex, with a small increase in weight and a significant increase in cost. (The Mont-Bell is entirely Gore-Tex.) All bags surveyed had seams tape-sealed during manufacture

against water and wind by a fabric flap.

Several of the bags depart, to some extent, from the standard format. The Fairydown and Mont-Bell sleeping bag covers and the Wilderness Equipment Bivi Sac have been described already. The Paddy Pallin bag is large enough to accommodate one person and a rucksack, or a hypothermia victim plus one or two additional people as a source of warmth. The Wilderness Equipment Dart is provided with a three-section, shock-corded, curved aluminium alloy hoop and four tent stakes and has four loops, one at each corner, by which it can be pegged out to form, in effect, a very small tent, 45 centimetres high at the hoop.

Measured weights are given in grams and include the stuff sack which is provided with



all bags, except the Fairydown. The figures given under the heading Entrance zips indicate the number of zips and the number of sliders on each zip. Weights and approximate prices are for a bag of the size stated, manufactured in Gore-Tex and nylon (except for the Fairydown and Mont-Bell bags). Weights and prices for extra-long bags and full Gore-Tex bags, if available, have not been included.

 Keeping it Simple. Adjustment technology is certainly kept to a minimum on the Alpine Expedition, a new rucksack from West Australian manufacturer, Wilderness Equipment. A range of four sizes caters for wearers varying in height by up to 30 centimetres, while differing waistlines call for three sizes of interchangeable hip-belts. Once a frame and belt of the appropriate sizes are selected and screwed together, minor adjustments can be made to the position of the harness by means of a 50 millimetre wide touch-tape strip, which connects the shoulder straps to the body of the rucksack. As the name suggests, this pack has attachment points for equipment such as ice tools and crampons and optional pockets. It is made from canvas, reinforced with Cordura at the base and on the crampon patch. The medium size has a stated capacity of 75-80 litres and weighs two kilograms. RRP \$200.

Two New Ice Climbs in Western Australia? 'Isoclimes' is the name given by Wilderness Equipment to its range of Gore-Tex rain-shells, which comprises two three-quarterlength and two shorter front-zip parkas and one pullover-style shell.

The Isoclime 20 is a short, stylish parka made from lined two-layer Gore-Tex with a chest pocket for maps, accessible from outside the front-opening zipper. It has two cargo pockets with room behind for hands. The Isoclime Zero is an even shorter pullover-shell with side zips, from the armpit to the waist, for ventilation and one large pocket in front. Both garments have secreted in their high collar an exceptionally roomy, wire-stiffened hood and feature long ragian sleeves, closed with touch-tape tabs at the cuffs. Isoclime 20 RRP \$317. Isoclime Zero BBP \$256

· Light of My Life. When packing for a trip. have you ever looked at your torch and wondered how long its batteries would last and thrown away a set that may have gone the distance-or kept them and been left in the dark? The latest torch from Tekna will tell you at a glance how much life is left in batteries. thanks to a micro-chip and three LEDs built into the casing. A green light indicates at least half the battery life remains; a red light, less than one-quarter. A yellow light leaves you in the same old spot: with 25-50% of battery life remaining-do you take them or leave them? The Tekna-Lite BLI is distributed by Outdoor Survival and operates with two AA batteries. In the usual Tekna fashion, it is highly resistant to knocks, drops and dunkings. It weighs around 30 grams, without batteries, and costs about

 Off the Endangered List? Another heavyduty cross country ski boot for under \$200 is being imported this year by the Intertrek group of shops. Leather lined, with a single-piece full-



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· Chicken Casserole

· Chicken Hawaiian

· Lamb and Vegetables

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Bogong Leather-lined, single-pi full-grain leather upper insole, cement-D-ring lacing. Pair size 42: 1,280 grams Grey Mare ther-lined, single-piec l-grain leather upper I insole, wire fairstite





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Equipment

· Pack It to Me, Too. Since it first appeared a couple of years ago, the JanSport Sundrop has appealed to many people looking for a day pack with a little more (see Wild no 21, page 77). It is soon to reappear sporting a new, zipped, document pocket and a new price tag. Catch the original at around \$65 (while you can) or look for the new version at \$85. (Another of Outdoor Survival's popular lines, the Pocket Purifier, a small device for purifying water in the field, is available again after an absence-this time at the lower price of \$10.)

grain leather upper double-stitched to a Vibram

sole, it is expected to appeal to skiers of the

back country



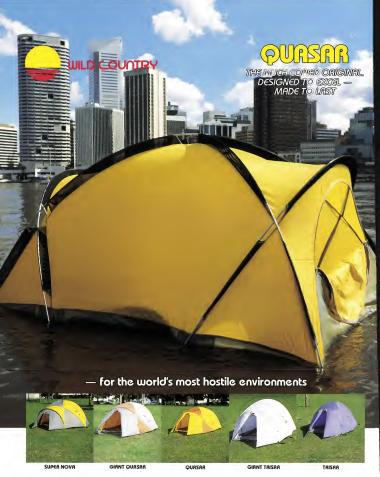
Du Pont's Comforel filling usually comes inside the

. Down But Not Out. Creating a synthetic alternative to down fill in sleeping bags is obviously something of an obsession at Du Pont. With the release of its latest Dacron (polyester) fibre fill, Comforel, Du Pont appears to be closer than ever to this objective.

Synthetic sleeping bags are, typically, heavier and bulkier than down-filled sleeping bags but are cheaper, non-allergenic and maintain their loft in damp conditions. Successful synthetic sleeping bag insulating fibres have formerly been fashioned into manageable batts to resist displacement and clumping. Like down clusters, however, Comforel fibre balls move freely to conform to the irregular and changing shapes of sleeping bag compartments

Comforel makes its Australian debut in the new Roman Wilderness 4 Seasons sleeping bag range. This consists of seven tapered rectangular bags (with and without a hood or cotton lining) with two fill-weights and two 'subzero' temperature ratings. Comforel is contained in slant-walled compartments with an overlapping triangular (V-tube) cross-section. RRP from about \$140.

· Return of the One-eyed Monster. One of the best-known rucksacks before the market was overrun by the current craze for torsolength adjustment (see Equipment, Wild no 19)



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Unrestricted movement . . Maximum comfort.



was the Berghaus Cyclops. The simplicity and

relatively low weight of this and similar rucksacks were often forgotten in the search

**Eauipment** 

Most Cyclops models come in two sizes. some also in a third, designed to fit women. It has always been unreasonable to expect any rucksack, adjustable or not, to fit every body, and fewer possibilities for adjustment will inevitably mean fewer perfect fits. However, if a rucksack such as this does fit, you will at least be spared the effort of carrying around buckles and straps meant for someone else

are clad in fast-drying Advent fabric:



Double of the Bobert Clarkson

 Beat the Heat. Robert Clarkson (NSW) observed the efficient operation of a Trangia methylated spirit cooker and decided it could be improved upon. Unwilling to sacrifice his favourite fire-blackened billy, he assembled a light, efficient stove around it, using commercially available components. The collapsible tripod base from a cheap meths stove an Outgear windshield cut to size and riveted and the burner from a Trangia stove rest on a base cut from the excess windshield material. Inverted Vs cut in the base of the shield ensure an adequate supply of air to the burner. Robert tells us his stove is so effective that a litre of water will boil in eight minutes instead of the usual twelve (see Stove Survey, Wild no 24). The lack of a fry-pan is offset by both low weight and low bulk and the availability of a billy for cooking on fires. The cost? Approximately \$40, including a carry-bag but not including a billy.

· Fading Light. The Faders Mini-biner is an anodized D-shaped karabiner weighing in at 35 grams, RRP \$11. The kidney shape of the Faders Rescue-biner is designed to align ropes end-to-end in the karabiner under load. It weighs approximately 80 grams and costs \$16.

Another product distributed by Outdoor Survival is the Cassin Belay Plate which accepts two 11 millimetre ropes and is a member of the Sticht/Cosmic Arrester/ Bettabrake clan: 60 grams, RRP \$13.50.

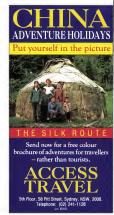
### WOOL, WITHOUT THE DRAWBACKS

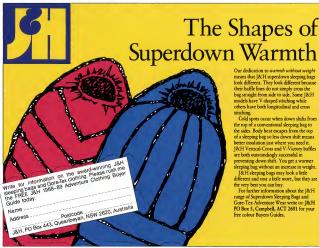
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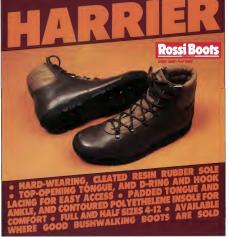


Reserection. Wild Country tents have reappeared, now made in Korea at a civilized price. The Giant Quasar, a three-person version of Wild Country's four-season elongated dome tent, weighs 3.9 kilograms and costs \$652 at Mountain Designs shops. Fly- and floor-seams are, of course, tape sealed, Convenient cooking. storage and controlled ventilation are possible with a door and vestibule at each end.



Vergias Vestolus vest

- · Vestatile. The versatile Verglas Vestplus vest has a Stormbloc water-resistant outer shell and a Polarplus lining, with two large, zippered hand-warmer pockets; RRP \$114
- · Carry On Trekkin'. A new Outgear travel pack is available at Intertrek shops. You get top and side carry-handles, lockable zips, a zip-off day pack (which can be locked to the main pack lid)-and change from \$250.
- . Wild and Woolly. If you want a pair of durable, medium-weight and water-repellent woollen trousers for walking but don't want to look like a Digger and don't want to spend a week's pay at Country Road, visit an Intertrek shop. Intertrek woollen trousers feature a loose, comfortable cut, have plenty of pockets and cost about \$70.
- . Three Wise Skis. Three Asnes XCD skis are being distributed by D B Biggs this winter. The Sondre Telemark (63-54-58 millimetres) has full-length offset steel edges, a laminated wood core, a moderate (nine millimetre) side-cut and camper stiffness for touring with downhill control. A pair of 210 centimetre skis weighs 2.4 kilograms, RRP \$325. With a 20 millimetre side-cut, the Nansen Mountain (76-56-66) is more downhill orientated; 2.7 kilograms a 210 centimetre pair. RRP \$400. The Telemark Comp. (68-56-60) is intended for racing on lift-serviced hard-packed snow. A pair of 210 centimetre Comps weighs 2.7 kilograms. RRP \$425.



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Photo: Rod Turner NSW



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materials and standards one expects from OUTGEAR. Available in blue, red, grey and combinations thereof.



## Eauipment



A new school cap, Rawlings?

- . Hey Pardner! Bill Conner introduced his leather hat, with its broad, easily-shaped brim and cromium-tanned hide, to bushwalkers while at Binna Burra Lodge, Lamington National Park, Queensland. Leather hats develop an individual character with wear and tear. Use 'em to fan yer fire an' water yer horse. BC leather hats cost about \$50
- · Fast Relief. JanSport has come to the rescue of those too lazy to make their own first aid kit (see Wild no 27, page 29). JanSport first aid kits unzip and fold out to display your wares in pockets, sleeves and behind straps, ready for immediate use. Small (110 grams, RRP \$16.50) and large (190 grams, RRP \$24) pouches are available
- · Ascender Survey Update. It appears that Jumar ascenders with cams having a rounded trailing edge have been available since 1984-but were not included in Lyle Closs's ascenders survey in Wild no 24, page 83. Single examples only of each brand were tested rather than a more representative sample of comparable and contemporary models. Gibbs ascenders, popular with cavers, were also omitted as was the humble prusik knot for comparison. Under a static load, prusik knots tend to break at about the rated strength of the cord used (about 1,000 kilograms in the case of suitable six millimetre kernmantle cord). Other testers have found that the cams of the CMI, Jumar, Petzl and SRT ascenders cut the sheath of an 11 millimetre static rope at between about 500 and 800 kilograms. depending on the rope. This reinforces the conclusion that the contact point between the ascender and the rope is the weakest point in the system

All the ascenders surveyed are strong enough to support a single body weight in use. Most ascender manufacturers, however, recommend that ascenders not be used where dynamic loads are expected. Dynamic loads that could be expected to occur when using an ascender as a belay brake may be different from the static loads applied while testing Performance under a static load is unlikely. therefore, to be a reliable indication of an ascender's suitability for back-rope soloing.

New products (on loan to Wild) and/or information about them including colour slides, are welcomed for possible review in this department. Written items should be typed, include recommended retail prices and preferably not exceed 200 words. Send items to the Editor, Wild, PO Box 415, Prahran,

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# T'll Eat My Akubra'

*Wildfire* 

Treseder inspires new trend in bush cuisine

read your magazine with great interest and nave found your advice and articles, including those describing the antics and extraordinary feats of Peter Treseder, consistently very informative and entertaining. Your autumn 1988 issue (Wild no 28) leaves me in no doubt that Mr Treseder is indeed related to one Clark Kent of the Daily Planet. Anyone familiar with Southwest Tasmanian terrain, particularly Federation Peak and the Eastern and Western Arthurs, and who has spent long days struggling through the scoparia and bogs and over the rocky ridges, will realize that Mr Treseder is certainly

If Mr Treseder's recent feat (return trip from Scotts Peak Dam by the Western and Eastern Arthurs, Federation Peak and a 'finishing sprint up the Arthur Plains' in 23 hours 28 minutes) is fact and not fiction, I will eat my Akubra. Frances Doyle

Coledale, NSW

The antics of Peter Treseder are not admired by everyone. His high-speed travel through some of Australia's best bushwalking areas may do a lot for his ego but make a mockery of the generally accepted reasons for going bushwalking.

It's time he did a bit of soul searching and came to grips with the real reasons for his urge to seek recognition and acclaim through his remarkable yet worthless feats of endurance.

To travel, as he does, through some of the most beautiful wilderness areas on this planet, like a runner on a race track, is almost a sacrilege. I am not impressed to learn that he completed, in less than 24 hours, one of the most famous walks in Tasmania which normally takes 10-12 days or more..

The mind boggles at the thought of dozens of other sweaty runners setting out to emulate Treseder's antics. Encountering one of these ego trippers on the run would certainly diminish my wilderness experience.

Brian Walker Glebe, NSW

Waxing Lyrical Over Duck-Boards In Wild no 27 readers criticized John Chapman's track notes for Tasmanian walks (Wild no 26). I would like to put a case for such guides.

These guides are needed to open wilderness to as many walkers as possible in order to contradict Tasmanian Premier Robin Grav's statements to the effect that wilderness areas have little 'use' by bushwalkers and those who have a 'greater use' for them, that is woodchippers and dam-builders, should be

allowed into them If we, as bushwalkers and conservationists, show that large numbers visit these areas then we have a greater potential lobby. The justification for a park or a commercial area is often in the numbers and types of people who want it. We have to get in first. Bums on seats? Feet on tracks!

It's all very well to wax lyrical over what should be pristine wilderness, but that's exactly what the woodchippers and dam-builders want as well. They want areas untouched ('unwanted') by bushwalkers or rafters...

Reality needs to infect some areas of the conservation movement. We may lose a little 'oure' wilderness, but the amount we stand to lose vastly exceeds the miniscule amount lost to duck-boards.

I'd eventually like to see a track from Macquarie Harbour to Bathurst Harbour. Anyone interested? I'll write the track notes! Robert Clarkson Springwood, NSW

Another Sexist Stereotype

After two weeks in South-west Tasmania, I was enjoying Wild on the flight home, when the cartoon illustrating your boot survey caught my attention (Wild no 28, page 62).

It is a shame that a bushwalking/outdoors magazine such as yours should reinforce sexist stereotypes, where the women stay at home and clean up when the intrepid men return with smelly socks from their hikes.



I enclose a reversed version of the cartoon

(with apologies to Ian Gunn). I can assure you that post-Federation Peak socks are just as obnoxious (and unwelcome at home), whether shed by male or female feet!

Alice Springs, NT

Sarah Dunton

'I Would Have Killed the Pest I am writing to express my disapproval of a letter' from Rachel Brown published in Wild no 28...Ms Brown seems to think that Peter Sesterka, author of the article 'Rats!'(published in Wild no 26), killed a bush rat for the fun of

it-as she stated: . .a ski tower killing a rat for Ms Brown obviously didn't comprehend the

humour

article when she read it. The rat was killed because it had just eaten its way through a brand-new \$400 tent; and if the unfriendly rodent had not been killed, a more considerable amount of damage would probably have been done not to mention the food that would have heen eaten

The high plains are a very dangerous place in winter if you don't have the right equipment, intact. It would have been silly of the author to let the rat have a field day with his tent and supplies. (Nothing stops those rats.) If I was in his place I definitely would have killed the pest Simon Sheales

Camberwell, Vic

Jim's Turn

'Climbing Bureaucrat' (Wildfire, Wild no 27) chose not to reveal his name, but was recognized by locals as one of the more pompous and authoritarian Blue Mountains National Park Rangers, or self-styled 'professional land managers'. I for one am glad that there is a group in the community prepared to stand up to the 'powerful organized authorities' and their over-regulation of National Parks.

Jim Smith Wentworth Falls, NSW

A Commendation

It's about time someone replied to John McPhee's well-meaning letter (Wild no 26) criticizing David Platt's account of his Franklin River trip (Wild no 25).

Your advice is quite true and safe, John, But, oh, it sounds like it comes from the myriad of bureaucratic officials who keep us safe and tucked in bed. If we always followed their dictates there would be no great adventurous trips in the world. There would be no thin red line, no pushing the limits of human endeavour. What should we think of extreme mountaineering, steep skiing, 'necky' canoeing, and even bushwalking alone? It would appear that Terry Bolland's voyage along the Kimberley coastline breaks all the rules.

There are no cardinal rules in the mountains Based on the premiss that people are interested in self-preservation, there is good advice. But there is no rigid framework to adhere to.

I am fairly certain that the article has not and will not cause a rush of inexperienced people to repeat the journey in a similar manner or conditions. Only people with a high degree of skill and experience would do so. To stick one's neck out isn't the aim of adventure in the outdoors; but it can be part of it. Personally I commend David Platt for such an audacious

> Gordon Redford Parkville, Vic

Readers' letters are welcome. A selection will be published in this column. Letters of less than 200 words are more likely to be published. Write to the Editor, Wild, PO Box 415, Prahran, Victoria 3181.

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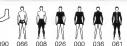
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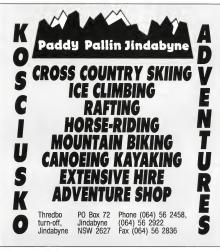
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